

CITY OF SOUTH EL MONTE

REGULAR COMMUNITY SERVICES COMMISSION MEETING

AGENDA

September 1, 2020, 6:00 P.M.

COUNCIL CHAMBERS
1415 N. SANTA ANITA AVENUE
SOUTH EL MONTE, CA 91733



CESIAH ROMO, CHAIRPERSON
YOBANA, RAYGOZA COVARRUBIAS, VICE-CHAIRPERSON
INGRID AGUILAR, COMMISSIONER
JOSEPHINE BLANCO, COMMISSIONER
GERARDO DIAZ, COMMISSIONER
HELIODORO DUARTE, COMMISSIONER
JOSHUA ORTEGA, COMMISSIONER

In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification or accommodation to attend or participate in this meeting, including auxiliary aids or services, please call the Community Services Commission Secretary office at (626) 448-0131 at least 48 hours prior to the meeting. Any public writings distributed by the City of South El Monte to at least a majority of the Community Services Commission regarding any item on this regular meeting agenda will be made available at the Receptionist Counter at Senior Center located at 1556 Central Avenue South El Monte, CA 91733

1. **ROLL CALL** Commissioners: Aguilar, Blanco, Diaz, Duarte, Ortega, Raygoza Covarrubias, and Romo
2. **PLEDGE OF ALLEGIANCE** Commissioner Duarte
3. **PRESENTATIONS** None.
4. **APPROVAL OF AGENDA**

By motion of the Community Services Commission, this is the time to notify the public of any changes to the agenda, and/or rearrange the order of the agenda.

5. **PUBLIC COMMENT**

Person wishing to address the Community Services Commission on any items on the agenda, or any other matter, are invited to do so at this time. Pursuant to the Brown Act, the Commission cannot discuss or take action on items not on the agenda. Matters brought before the Commission that are not on the agenda may be, at the Commissions' discretion, be referred to staff or placed on the next agenda.

6. **APPROVAL OF MINUTES**

6.a. **MINUTES**

Adjourned Regular Meeting – March 3, 2020

RECOMMENDED ACTION: Staff Recommends that the Community Services Commission approves the above referenced minutes.

7. **UNFINISHED BUSINESS** None.

8. **GENERAL BUSINESS**

8.a. **COMMUNITY SERVICES MONTHLY INFORMATIONAL ITEMS**

8b. Report on department's programing during COVID-19.

RECOMMENDED ACTION: Staff recommends that the Community Services Commission receive and file the reports.

9. **COMMISSIONERS' COMMENTS**

Commissioners must briefly report, orally or in writing, on meetings attended at City expense (for example, City events, conferences, etc.) at the Community Services Commission meeting following the meeting.

10. **COMMISSIONERS' AGENDA**

a. CHAIRPERSON CESIAH ROMO

1. Possibility to start a food bank in South El Monte.
2. Make "SEM Count" 2020 Census Activities.

b. VICE-CHAIRPERSON YOBANA RAYGOZA

1. Commissioner partake in a zoom training.

11. ADJOURNMENT October 6, 2020, 6:00 P.M.

**CITY OF SOUTH EL MONTE
COMMUNITY SERVICES COMMISSION MEETING MINUTES
MARCH 3, 2020
SOUTH EL MONTE SENIOR CENTER CRAFT ROOM
1556 CENTRAL AVENUE
SOUTH EL MONTE, CA 91733**

1. ROLL CALL

Chairperson Romo called the meeting to order at 6:00 p.m.

PRESENT: Commissioners: Aguilar, Blanco, Diaz, Duarte, Ortega, Raygoza-Covarrubias, and Chairperson Romo.

Also present: Jayson Perez, Recreation Coordinator; Nancy Rodriguez, Recreation Specialist; and Noelia Saucedo, Senior Recreation Leader.

2. PLEDGE OF ALLEGIANCE

Commissioner Romo led the Pledge of Allegiance.

3. PRESENTATIONS None.

4. APPROVAL OF AGENDA

A motion was made by Duarte, seconded by Blanco and carried 4-0 "absent" (Aguilar, Diaz, and Ortega) to approve the agenda.

AYES: Blanco, Duarte, Raygoza-Covarrubias and Chairperson Romo
NAYS: None

5. PUBLIC COMMENTS

Chairperson Romo opened and closed public comment, after determining there was no one wishing to speak.

6. APPROVAL OF MINUTES

Adjourned Regular Meeting - February 4, 2020

A motion was made by Duarte, seconded by Raygoza-Covarrubias and carried 4-0 "absent" (Aguilar, Diaz, and Ortega) to approve the above referred minutes

AYES: Blanco, Duarte, Raygoza-Covarrubias and Chairperson Romo
NAYS: None

7. UNFINISHED BUSINESS None.

8. GENERAL BUSINESS

8.a. COMMUNITY SERVICES MONTHLY INFORMATIONAL ITEMS

Mr. Perez stated the city would be having a victory parade for Joseph “JoJo” Diaz on Saturday, March 7th at 10:30 a.m. acknowledging that JoJo won the Junior Lightweight title in January 2020.

Mr. Perez announced the following events: Saturday, March 7th at 11:00 a.m. the 2020 Census Kick off Festival and on Saturday, March 14th at 11:00 a.m. the Annual Baby Pageant.

Miss Rodriguez announced the following events: Sunday, March 15th at 11 a.m. the Youth Basketball League will be having their annual banquet and on Saturday, March 28th at 9 a.m. is the Opening Day for the City’s T-Ball League at Mary Van Dyke Park.

9. COMMISSIONERS’ COMMENTS

Vice-Chairperson Raygoza-Covarrubias reported on her attendance at the Santa Anita Racetrack Mixer for the South El Monte High School Drill Team.

Commissioner Diaz reported on her attendance at the Meet & Greet with Sylvia Rubio, candidate for the State Assembly 57th District at the Starbucks in South El Monte.

Commissioner Ortega asked why the basketball courts were changed during the championship game. Mr. Perez stated they were changed due unsafe conditions.

Commissioner Ortega asked when the adult basketball league begins? Miss Rodriguez stated the league is scheduled to begin in August.

Chairperson Romo reported on her participation with the 2020 Census Door to Door Outreach on Saturday, February 29, 2020.

10. COMMISSIONERS’ AGENDA None.

11. ADJOURNMENT

There being no further business coming before this body, Chairperson Romo adjourned the meeting at 6:27 p.m. to a Regular Meeting on Tuesday, April 7, 2020 at 6:00 p.m.



Commission Agenda Report

DATE: September 1, 2020
TO: Community Services Commission
From: Ariana De La Cruz, Recreation Supervisor
Subject: IMPACT OF COVID-19 ON RECREATION DIVISION

SUMMARY: On March 12, 2020, the City of South El Monte declared a local emergency due to the Public Health threat caused by Cororavirus (COVID-19).

As a result of the local emergency, the Recreation Division cancelled the After-School Programs, Sports, Facility/Park Reservations and Special Events for the summer in the interest of social distancing to reduce the spread of COVID-19.

Cancelled programs/events include:

- After School Programs
- Facility Reservations at Community Center and City Parks
- Baby Pageant, Census Walk and Little League Opening Ceremonies
- T-Ball Opening Ceremonies
- Community Bike Ride
- Easter Breakfast
- Spring Camp
- Cinco de Mayo Celebration
- Memorial Day Ceremony
- Aquatic Programming
- Summer Concerts
- 4th of July Celebration
- National Night Out
- Movies in the Park
- Youth Basketball Camp
- Adult Basketball League

The City is working diligently to create guidelines for the gradual reopening process as the Los Angeles County and the Public Health Department permits. As life during the COVID-19 era continues to evolve, we remain committed to keep the Community engaged by providing a Virtual Recreation Center available on the City's website and offering virtual contest/activities for the Community to participate in.

A modified summer camp was operated in accordance with physical distancing and sanitation procedures provided by the Los Angeles County Department of Public Health and the CDC Guidelines. The Community Center and its amenities remain close including the indoor/outdoor basketball gym, and boxing gym. City parks also remain close for the public use and for reservations.

On August 17, 2020 the Skate Park and the Tennis Courts opened following the recommendations of Los Angeles County Department of Public Health and the CDC Guidelines. Recreation staff will monitor both parks and only allow participants who book a reservation.

Additional cancelled fall and winter programs/events include:

- Fall After School Programs
- 9/11 Memorial Ceremony
- Harvest Festival
- 5K Run and 1K Trot
- Veterans Day Ceremony
- Thanksgiving Boxing Show
- Tree Lighting Ceremony
- Christmas Wish Toy Giveaway

RECOMMENDED ACTION: Receive and File.

FISCAL IMPACT: None

DISCUSSION: Staff is open to receive feedback on programs and events.

ATTACHMENTS: N/A

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT



Free Backpack Giveaway

Wednesday, August 19, 2020

5:00 pm

South El Monte City Hall Parking Lot

1415 N. Santa Anita Ave.

**Parks
Make
Life
Better!**



Drive thru or walk up to receive your free backpack and school supplies
(while supplies last).

Please wear a facial covering and practice social distancing.

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.



10K Steps Challenge

Walking Journal

Step 1: Select your personal challenge listed on Page 2: Beginner, Intermediate, or Advanced.

Step 2: Start Steps Challenge and log your Walking Journal Progress using your personal tracking device.

Step 3: Complete challenge and submit photo/scan of your Walking Journal to nrodriguez@soelmonte.org

Step 4: You will receive a commemorative prize after reaching your milestone (while supplies lasts)

Name: _____

Address: _____ City: _____ Zip: _____

Email: _____ Phone: _____

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	TIME/STEPS						
Week 1							
Week 2							
Week 3							
Week 4							
Week 5							
Week 6							
Week 7							
Week 8							
Week 9							

Exercise Tips: Drink water, stretch, obey traffic, wear a pedometer.

Remember the tips for physical distancing outdoors:

Keep 6 feet of space between yourself and others - Go by yourself or with those you live with - Avoid crowded areas

For more information, please call 626-579-2043.



10K Steps Challenge

Daily Steps Tracker



	"Off-the-Couch" Beginner	Intermediate (2 - 2.5 miles at one time)	Advanced (4.5 - 5 miles at one time)
DAY 1	2,000 Steps - You can do it all in one session or break it up into four 5-minute walks. Just count 500 steps per session, and you did it!	5,000 steps - You can do it all in one session or break it up into five 10-minute walks. Just count 1000 steps per session, and you did it!	You SUPER walker, you! 10,000 steps
DAY 2	Add 500 steps to make 2,500 steps	Add 500 steps to make 5,500 steps	10,000 steps
DAY 3	Add 500 steps to make 3,000 steps	Add 500 steps to make 6,000 steps	10,000 steps
DAY 4	Add 500 steps to make 3,500 steps	Add 500 steps to make 6,500 steps	10,000 steps
DAY 5	Add 500 steps to make 4,000 steps	Add 500 steps to make 7,000 steps	10,000 steps
DAY 6	Add 500 steps to make 4,500 steps	Add 500 steps to make 7,500 steps	10,000 steps
DAY 7	REST - Rest is part of training the body		
DAY 8	4,500 steps	7,500 steps	10,000 steps
DAY 9	4,500 steps	7,500 steps	10,000 steps
DAY 10	Add 500 steps to make 5,000 steps	Add 500 steps to make 8,000 steps	10,000 steps
DAY 11	5,000 steps	8,000 steps	10,000 steps
DAY 12	5,000 steps	8,000 steps	10,000 steps
DAY 13	Add 500 steps to make 5,500 steps	8,000 steps	10,000 steps
DAY 14	REST - Do you notice that you are "naturally" more active even on rest days? That's what increased fitness does!		Rest - Super Challenge for Week 3: Add strength session; rotate a different zone each day.
DAY 15	5,500 steps	8,000 steps	10,000 steps
DAY 16	Add 500 steps to make 6,000 steps	8,000 steps	10,000 steps
DAY 17	6,000 steps	Add 500 steps to make 8,500 steps	10,000 steps
DAY 18	Add 500 steps to make 6,500 steps	8,500 steps	10,000 steps
DAY 19	6,500 steps	8,500 steps	10,000 steps
DAY 20	Add 500 steps to make 7,000 steps	8,500 steps	10,000 steps
DAY 21	REST - Rest days can also be cross-train days. You'll want to rest the walking muscles but why not target the upper body and core with a little strength session?		
DAY 22	7,000 steps	8,500 steps	10,000 steps
DAY 23	Add 500 steps to make 7,500 steps	Add 500 steps to make 9,000 steps	10,000 steps
DAY 24	Add 500 steps to make 8,000	9,000 steps	10,000 steps
DAY 25	Add 500 steps to make 8,500	9,000 steps	10,000 steps
DAY 26	Add 500 steps to make 9,000 steps	Add 500 steps to make 9,500 steps	10,000 steps
DAY 27	Add 500 steps to make 9,500 steps	Add 500 steps to make 10,000 steps	10,000 steps
DAY 28	REST - Get ready.... Tomorrow you do the 10K (10,000 steps). Don't worry—you are well prepared for it.	REST - You have earned that rest... doesn't it feel A-MA-ZING to go the distance?	
DAY 29	10,000 steps	10,000 steps	10,000 steps
DAY 30	10,000 steps	10,000 steps	10,000 steps



CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

South El Monte Virtual Talent Show!



ATTENTION UNDISCOVERED SINGERS, DANCERS, AND MUSICIANS
ALIKE: SHOW OFF YOUR BEST MOVES AND BEATS FOR A CHANCE TO
WIN A PRIZE AND BE INCLUDED IN OUR VIRTUAL TALENT SHOWCASE!



AGE GROUP CATEGORY

AGES 5-8

AGES 9-12

AGES 13-16

AGES 17 & OLDER



THE CONTEST RUNS FROM AUGUST 3RD TO AUGUST 21ST.
**MUST BE A SOUTH EL MONTE RESIDENT TO PARTICIPATE.

WINNER IN EACH AGE GROUP CATEGORY WILL BE ANNOUNCED ON
AUGUST 27TH ON THE CITY OF SOUTH EL MONTE WEBSITE AND
FACEBOOK PAGE AND THE PARKS AND RECREATION DEPARTMENT'S
INSTAGRAM.

DOWNLOAD THE APPLICATION FROM CITYOFSOUTHELMONTE.ORG AND
EMAIL IT, ALONG WITH YOUR VIDEO (2 MIN. MAX), TO
NRODRIGUEZ@SOELMONTE.ORG

@SEM_PARKSANDREC

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

Little Mr. and Miss South El Monte Virtual Baby Pageant

Do you think your baby is the cutest? Then we invite you to send in your cutest baby picture for a chance to **WIN A PRIZE!** Choose one favorite baby photo and complete the entry form below.

The contest runs from September 7th to September 25th. The winner in each age category will be announced on September 30th on the City of South El Monte website and social media pages and the parks and recreation department's instagram.

Baby Pageant Registration

Baby Name: _____ DOB: _____
Phone: _____ Parent Name: _____
Address: _____ City: _____
Email: _____

Age Category.

- Under 1 Year
- Under 2 Years
- Under 3 Years
- Under 4 Years



**Parks
Make
Life
Better!**



Please email nrodriguez@soelmonte.org and attach registration form along with your photo submission.

***MUST BE A SOUTH EL MONTE RESIDENT TO PARTICIPATE
DEADLINE FRIDAY, SEPTEMBER 25, 2020**

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.



Commission Agenda Report

DATE: September 1, 2020
TO: Community Services Commission
From: Andrés González, Senior Services Supervisor
Subject: SENIOR SERVICES DIVISION DURING COVID-19 PANDEMIC

SUMMARY: The health and safety of our seniors' citizens is the highest priority for the City of South El Monte Senior Services Division. In keeping with advice from health officials regarding the reduction of social gathering between older adults, the Senior Services Division suspended all senior activities and programs at the South El Monte Senior Center starting on Monday, March 16, 2020. Due to the continued spread of COVID-19, the Senior Center has remained closed.

Programs effected by the closure include:

- Congregate Meal Program
- Arts and Music Program
- Wellness Programs
- ESL Classes
- Health Presentations
- Social Services
- Bingo
- Senior Excursions
- Evidence Based Programs
- Special Events
 - St. Patrick's Day Luncheon
 - Easter Luncheon
 - Volunteer Dinner
 - Cinco de Mayo Luncheon
 - Mother's Day Luncheon
 - Father's Day Luncheon
 - 4th of July Luncheon

To ensure seniors remained home safely during the "Safer at Home" initiative, the Senior Services Division instituted a Social Connection campaign to reduce the effects of social isolation. The following is a list of activities instituted by the Senior Services Division:

- Set-up a daily conference call that seniors called to receive updates from the City and to interact with each other

- Daily Senior Wellness Calls by City Council Members, City staff and Commissioners
- Virtual wellness programming through Partners in Care Foundation
- Obtained and delivered special request items to seniors, such as milk, eggs, etc.,
- Distributed personal protective equipment (PPE) to seniors – including mask, gloves and face shields

The Senior Services Elderly Nutrition Program transitioned from a congregate meal site to home-delivered meals to safeguard seniors from having to leave home to secure a meal. In order to reduce the number of deliveries and contact with staff, seniors received 5 frozen meals per delivery once a week. Meals were initially delivered by Fiesta Taxi; however, Senior Services staff are now delivering the meals to seniors.

The City continued to provide transportation services to eligible residents through Fiesta Taxi. In June as part of the City's transition from Safer at Home to Safer at Work, City Drivers began to provide transportation services to residents.

The Senior Center will remain closed to the public until the City enters into Phase 4: End of stay at home order. Sections of the center has been modified to comply with the County of Los Angeles Public Health Department's guidance for operating cooling centers during Covid-19.

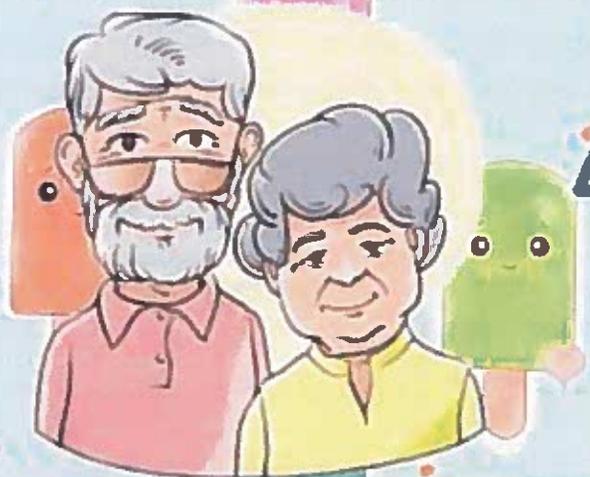
RECOMMENDED ACTION: Receive and File.

FISCAL IMPACT: None

DISCUSSION: Staff is open to receive feedback on programs and events.

ATTACHMENTS: N/A

City of South El Monte Senior Services Division



Let's Celebrate

NATIONAL

GRANDPARENTS

Day

Come on down and join us for a drive through to celebrate you, our beloved grandparents! Drive through the South El Monte Senior Center parking lot to receive a free ice cream and a special goodie bag (courtesy of our community partners) reserved for our awesome seniors!

Thursday, September 17th

From 10:00 a.m. - 12:00 p.m.



**South El Monte Senior Center
1556 Central Ave, South El Monte, CA 91733**

FOR MORE INFO, CALL (626) 448-0131.