

CITY OF SOUTH EL MONTE

REGULAR COMMUNITY SERVICES COMMISSION MEETING

AGENDA

September 6, 2022, 6:00 P.M.

(Via Zoom Webinar Only; Due to Covid-19 Pandemic and AB 361)



Gerardo Diaz, Chair
David Mai, Vice Chair
Ingrid Aguilar, Commissioner
Israel Alacio, Commissioner
Hortencia Vasquez, Commissioner

SPECIAL NOTICE REGARDING COVID-19

On September 16, 2021, Governor Newsom signed AB 361, which modified the Brown Act to allow for teleconferencing participation at local legislative body public meetings during a proclaimed state of emergency. Pursuant to Government Code Section 54953(e) as amended by AB 361, City Council is authorized to hold public meetings via teleconferencing and to make public meetings accessible telephonically or otherwise electronically available to all members of the public seeking to observe and to address the local legislative body. Public participation will be allowed via the information below.

TO VIEW LIVE MEETING, USE ZOOM LINK BELOW

Join Zoom Meeting (View and/or Participate ONLY during PUBLIC COMMENT)

Link: <https://us02web.zoom.us/j/84782202208>

Webinar ID: 847 8220 2208
Or Call In: 1 669 900 6833, when prompted, enter 84782202208#

1. ROLL CALL

Commissioners: Aguilar, Alacio, Vasquez, Vice Chair Mai, Chair Diaz

2. PLEDGE OF ALLEGIANCE

Commissioner Ingrid Aguilar

3. PRESENTATIONS - None

4. APPROVAL OF AGENDA

By motion of the Community Services Commission, this is the time to notify the public of any changes to the agenda, remove items from consent calendar for individual consideration and/or rearrange the order of the agenda.

5. PUBLIC COMMENT

Speakers may provide public comments on any matter within the subject matter jurisdiction of the Community Services Commission, including items on the agenda. Each speaker may speak up to five minutes. Unless a majority of the Community Services Commission objects, the Chair may provide speakers more or less time to speak. All comments or queries shall be addressed to the Commission as a body and not to any specific member thereof. Pursuant to Government Code Section 54954.2(a)(2), the Ralph M. Brown Act, no action or discussion by the Commission shall be undertaken on any item not appearing on the posted agenda, except to briefly provide information, ask for clarification, provide direction to staff, or schedule a matter for a future meeting.

6. CONSENT CALENDAR

Items on the consent calendar are considered to be routine and customary and are enacted by a single motion with the exception of items previously removed by a member of the Community Services Commission during "Approval of the Agenda" for individual consideration. Any items removed shall be individually considered immediately after taking action on the Consent Calendar.

6a. CONSIDERATION AND APPROVAL OF COMMUNITY SERVICES COMMISSION MEETING MINUTES FOR JULY 5, 2022

Staff is requesting approval of Minutes for the July 5, 2022, Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends the Commission approve the Minutes for the Regular Commission Meeting of July 5, 2022.

7. GENERAL BUSINESS

7a. COMMUNITY SERVICES MONTHLY INFORMATIONAL ITEMS

Staff will provide an update of Recreation Programing.

RECOMMENDED ACTION: Staff recommends the Commission receive and file the report.

7b. ROTATION OF CHAIR AND VICE CHAIR

The Community Services Commission will approve appointment of Chair and Vice Chair as part of the two-month rotation among its members.

RECOMMENDED ACTION: Staff recommends the Commission approve the Chair and Vice Chair among its members for a two-month term.

8. COMMISSIONERS REPORTS, INCLUDING AB 1234 REPORTS

AB 1234 requires that commission members must briefly report, orally or in writing, on meetings/events attended at City expense (for example, luncheons, city special events, conferences, etc.) at the Community Services Commission meeting following the meeting/event.

9. COMMISSIONERS' AGENDA

10. ADJOURNMENT

Tuesday, October 4, 2022, 6:00 p.m.

I Ariana De La Cruz, hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted not less than 72 hours at the following locations: City of South El Monte City Hall, Senior Center and Community Center and made available at www.cityofsouthelmonte.org on this 1st day of September 2022.



Ariana De La Cruz, Secretary



Commission Agenda Report Agenda Item No. 6.a.

DATE: September 6, 2022

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: CONSIDERATION AND APPROVAL OF THE REGULAR
COMMUNITY SERVICES COMMISSION MEETING MINUTES
FOR JULY 5, 2022

SUMMARY: Staff is requesting approval of Minutes for the July 5, 2022 Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Minutes of the Regular Community Services Commission Meeting of July 5, 2022.

FISCAL IMPACT: None.

DISCUSSION: None.

ATTACHMENT(S):

A. July 5, 2022 Minutes



**CITY OF SOUTH EL MONTE
REGULAR COMMUNITY SERVICES COMMISSION MEETING - MINUTES
TUESDAY, JULY 5, 2022 – 6:00 PM**

1. ROLL CALL

Chair Alacio called the meeting to order at 6:01 PM

PRESENT: (Via Zoom Webinar): Commissioner(s): Aguilar, Alacio, Chair Diaz

ABSENT: Commissioner(s): Vice Chair Mai and Vasquez

STAFF PRESENT: (Via Zoom Webinar): Ariana De La Cruz, Recreation Supervisor and Noelia Saucedo, Senior Recreation Leader

2. PLEDGE OF ALLEGIANCE - Commissioner Ingrid Aguilar led the Pledge of Allegiance.

3. PRESENTATIONS None.

4. APPROVAL OF AGENDA

A motion was made by Commissioner Alacio, seconded by Commissioner Aguilar to approve the agenda. Motion carried, 4-0, by the following vote:

AYES: Commissioner(s): Aguilar, Alacio, Chair Diaz

NAYS: Commissioner(s): None

ABSENT: Commissioner(s): Vice Chair Mai and Vasquez

Commissioner Vasquez joined the meeting at 6:04 p.m.

5. PUBLIC COMMENT

Chair Diaz opened public comment

Seeing that there are no public comment at this time Chairperson Diaz closed public comment.

6. CONSENT CALENDAR

- 6.a. Approved Minutes for the Regular Community Services Commission Meeting held July 5, 2022.**

A motion was made by Commissioner Alacio, seconded by Chair Diaz to approve the Consent Calendar. Motion carried 4-0, by the following vote:

AYES: Commissioner(s): Aguilar, Alacio, Vasquez, Chair Diaz
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): Vice Chair Mai

6b. Approval of Proposed Dark Commission Meeting Date

A motion was made by Commissioner Alacio, seconded by Commissioner Aguilar to go dark for the month of August. Motion carried 4-0, by the following vote:

AYES: Commissioner(s): Aguilar, Alacio Vasquez, Chair Diaz
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): Vice Chair Mai

7. GENERAL BUSINESS

7a. Community Services Monthly Informational Items

Mrs. De La Cruz provided an update for the Community Services Department.

A motion was made by Commissioner Aguilar, seconded by Commissioner Alacio to receive and file the report provided. Motion carried 4-0 by the following vote:

AYES: Commissioner(s): Aguilar, Alacio Vasquez, Chair Diaz
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): Vice Chair Mai

7b. Rotation of Chair and Vice Chair

Mrs. De La Cruz explained how the rotation of the Chair and Vice Chair will proceed.

A motion was made by Commissioner Alacio, seconded by Commissioner Aguilar to receive and file the information provided. Motion carried 4-0 by the following vote:

AYES: Commissioner(s): Aguilar, Alacio Vasquez, Chair Diaz
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): Vice Chair Mai

8. COMMISSIONER REPORTS, INCLUDING AB 1234 REPORTS

Commissioner Alacio announced his attendance at Summer Concerts and the 4th of July celebration.

Chair Diaz announced his attendance at the Summer Concert.

Commissioner Aguilar announced her attendance at the Summer Concert and the 4th of July celebration.

Commissioner Vasquez announced her attendance at the first concert.

9. COMMISSIONERS' AGENDA

9a. Commissioner Ingrid Aguilar

1. Concern about the cleanliness and students' safety in the crossing bridge that leads to South El Monte High School. How often is the bridge area cleaned? Is it possible to assign a crossing guard assigned to the area?

Commissioner Aguilar mentioned that she was approached by a resident at the Memorial Day Ceremony with the concerns of the cleanliness and the safety of the bridge that leads to South El Monte High School. Mrs. De La Cruz stated that she spoke to the Community Development Director regarding the cleanliness of the bridge and she stated that mentioned that a team from the Public Works department is scheduled to clean the bridge every Wednesday. It was also mentioned that a crossing guard will be hired and will be assigned to the bridge location.

2. Concern about her neighbor watering her plants in the morning and evening with a foul smell.

Commissioner Aguilar asked if there is something that can be done without causing any conflict with her neighbor. Mrs. De La Cruz asked Commissioner Aguilar to email her with her neighbor's address.

10. ADJOURN COMMISSION MEETING

There being no further business coming before this body, at 6:37 p.m. Chair Diaz adjourned the meeting to a regular meeting on Tuesday, September 6, 2022, at 6:00 p.m.

Ariana De la Cruz, Secretary

Gerardo Diaz, Chair



Commission Agenda Report

Agenda Item No. 7.a.

DATE: September 6, 2022

TO: Community Services Commission

From: Ariana De La Cruz, Recreation Supervisor and Andrés González, Senior Services Supervisor

Subject: Monthly Report for August 2022

RECREATION

SUMMARY: The Recreation Division just began the fall programming successfully and continues operating normal youth programs, sport leagues, and hosting traditional in person community special events. Staff continues to follow the most current health orders pertaining youth programming, day camps, and youth sports have not changed, which no longer require participants nor staff to wear a mask while indoors, however it is strongly recommended.

The Baby Lab

The Baby Lab offers classes Tuesdays and Thursdays from 9:00 a.m. – 12:00 p.m. where children ages 6 months to 48 months develop problem-solving skills through interactive games, play and music.

Youth & Adult Sports

Adult Basketball League

Per demand, staff planned for this second round of adult basketball league which began on Wednesday, August 17th.

Monthly Themed Newsletter/Season Promotional Booklets

The Recreation Division continues to use the monthly newsletter to help keep the community engaged. The newsletter also serves as a medium to keep residents informed about upcoming City sponsored events, recreation programs, and sports leagues. In addition, staff create seasonal promotional booklets that highlight the upcoming program and events for the department.

Recreation Services Webpage & Instagram

The City's Recreation webpage continues to be updated regularly with all the programming available and upcoming community events. The Recreation Instagram showcases any contests and winners, sport clinics, program highlights and any special events hosted by the department.

Aquatics

Senior Aerobic Class

The Senior Aerobic class continues to be offered on Mondays, Wednesdays, and Fridays from 9:30 a.m. to 10:15 a.m. Seniors begin their day with a fun and energizing class that strengthens and tones the body from head to toe using the natural resistance of the water and offers a safe way to improve muscle strength, flexibility, and balance without impacting joints or risk of injury.

Recreation Swim

Recreation swim hours have been adjusted for the extended aquatics program which will be offered until the end of September. The new recreation swim hours are offered Tuesday, Thursday, and Friday from 6:00 p.m. to 8:00 p.m. & on Saturday from 12:00 p.m. to 3:00 p.m.

Special Events

Summer Concerts – Two summer concerts were featured in August. The first concert was held on Thursday, August 11, 2022 featuring ACE. The second concert was held on Thursday, August 25, 2022 featuring Soto Band. Both concerts offered a family-oriented environment to the South El Monte Community, a variety of food vendors, and a kids zone area.

Movies in the Park – Two movies nights were featured in August. The first movie was held on Thursday, August 4th in conjunction with National Night Out and featured the movie Sing 2. The second movie was held on T

Upcoming Events:

- 9/11 Ceremony
- Bike Ride
- Fire Station 90 Appreciation Breakfast

Facility Reservations

Residents are now able to reserve any park or facility available for private use. Covid-19 restrictions no longer apply to events or reservations of less than 500 attendees.

SENIOR SERVICES

SUMMARY:

The South El Monte Senior Center offers a variety of programs and services to ensure seniors stay active physically and mentally. In an effort to promote programs to empower seniors to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being, the senior center offers:

- Nutrition Programs (Congregate and Homebound)
- Health, Fitness, and Wellness Programs
- Transportation Services
- Volunteer and Civic Engagement Opportunities

- Social and Recreational Activities
- Educational and Arts Programs

Our programs provide older adults with an opportunity to socialize with friends, talk about current events, share stories, and keep their minds and bodies active.

Evidence-Based Program - Tai Chi for Arthritis and Falls Prevention: In partnership with Partners in Care Foundation, the SEM Senior Services Division launched Tai Chi for Arthritis and Falls Prevention in August. The goal of the programs is to 1) Improve movement, balance, strength, flexibility, immunity and relaxation; 2) Decrease pain and falls; 3) socialization and sustainability. The program was offered twice a week on Tuesdays and Thursdays.

Rio Hondo College Courses: In August SEM Senior Services partnered with Rio Hondo College to offer Principles of Mind & Body for Older Adults and Painting for Older Adults. The two courses are free for seniors and provides them with instruction and resources for cultivating mind and body health through physically and mental activities.

Wellness Presentations: Our Senior Services staff is always in search of new health related information to share with our seniors. They work with our community partners to provide a wide range of lectures aimed at increasing awareness of health promotion resources available to assist seniors to remain healthy, independent and thriving in their community with dignity. In August, Blue Shield California provided a presentation focused on Summer Safety tips to keep or seniors safe during the warm summer days. Independence at Home provided a presentation on ways seniors could manage their COPD and tips on how to keep their lungs healthy.

Nutrition Services: The Senior Services Elderly Nutrition Program continued to provide home-delivered meals to safeguard seniors from having to leave home to secure a meal. During the month of August over 2,400 meals were provided to seniors.

Transportation Services: City staff provided transportation services to eligible residents who do not drive. Our services ensure that seniors continue to live independently in their community. Transportation services were provided to medical appointments, grocery shopping, personal trips and to the South El Monte Senior Center. Trips are also provided to students who participate in the city-sponsored after-school program. See attached August report.

Program Highlights:

- Classes/Workshops Attendance 98
- Fitness Classes Attendance 702
- Health Education Attendance 7
- Recreation/Entertainment Attendance 347
- Social Activities Attendance 507
- Club Activities Attendance 65

Staff meetings: Staff attended the following meetings for information gathering, training, and networking:

- Nutritional Q&A Meeting was held with CNS Dietician Joya Melissa on August 9th
- Senior Services Supervisor attended ACT EV Grant Funding Webinar on August 17th

Senior Clubs and Facility Reservation

- **Club Latino de Sur El Monte** – The club hosted their meetings on the second and fourth Thursday of the month. After the club meeting, they played bingo. Club Latino hosted a social dance on Sunday, August 21st that was attended by over 150 seniors.
- **3L Club** – The club hosted their meetings on the first and third Thursday of the month. After the club meeting, they played bingo.

Transportation Monthly Report

August 2022						
Trip Purpose	Week 1	Week 2	Week 3	Week 4	Week 5	Total
Excursion	0	0	0	0	0	0
Medical	27	37	34	41	9	148
Nutrition	65	69	64	75	23	296
Personal	1	0	4	10	0	5
School	2	1	50	83	32	168
Senior Center	24	29	44	43	13	153
Shopping	6	0	14	2	0	22
Work	0	1	1	0	0	2
Total for period	125	137	211	244	77	794

RECOMMENDED ACTION: Receive and File.

FISCAL IMPACT: None.

DISCUSSION: Staff is open to receiving feedback on programs and events.

ATTACHMENTS:

- A – 9/11
- B – Bike Ride
- C – Fire Station 90 Appreciation Breakfast

ATTACHMENT A

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT



★ 9/11 ★
MEMORIAL CEREMONY



Thursday, September 8, 2022 | 11:00 AM
City Hall Front Lawn, 1415 Santa Anita Ave.

Light refreshments will be provided at
the conclusion of the ceremony.

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

ATTACHMENT B

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT



2022 COMMUNITY BIKE RIDES

**BRING YOUR
BIKE AND
HELMET AND
JOIN THE CITY
COUNCIL IN AN
EIGHT-MILE
BIKE RIDE
AROUND THE
CITY.**

**BIKE RIDES ARE
RECOMMENDED
FOR AGES 10 AND
OLDER.**

***IN THE EVENT
OF RAIN, THE
BIKE RIDE WILL
BE CANCELLED.**



MEET AT 8:30 AM
DEPART AT 9:00 AM

SOUTH EL MONTE
COMMUNITY CENTER

1530 CENTRAL AVE.

SEPTEMBER 10TH

LIGHT REFRESHMENTS ARE
PROVIDED DURING AND AFTER
THE BIKE RIDE.

**Parks
Make
Life
Better!**



SEM_PARKSANDREC

*Subject to change or cancellation based on COVID-19 restrictions at the time of event.

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

ATTACHMENT C

City of South El Monte Community Services Department

Fire Station 90 Appreciation Day

JOIN US FOR A FREE PANCAKE BREAKFAST, FIRE SAFETY DEMOS, TOUR OF FIRE STATION VEHICLES, AND GAMES.

SATURDAY SEPT. 17TH



9:00 AM - 11:00 AM



Parks
Make
Life
Better!



PANCAKES AND FAMILY FUN!

SOUTH EL MONTE CITY HALL FRONT LAWN
1415 SANTA ANITA AVE. SOUTH EL MONTE, CA 91733

 SEM_PARKSANDREC

*Subject to change or cancellation based on COVID-19 restrictions at the time of event.

For more information, please call 626-579-2043.



Commission Agenda Report Agenda Item No. 7.b.

DATE: September 6, 2022

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: APPOINTMENT OF CHAIR AND VICE CHAIR

SUMMARY: The Community Services Commission will approve appointment of Chair and Vice Chair as part of the two-month rotation among its members.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Chair and Vice Chair among its members for a two-month term.

FISCAL IMPACT: None.

DISCUSSION: None.

ATTACHMENT(S): None.