

CITY OF SOUTH EL MONTE
REGULAR COMMUNITY SERVICES COMMISSION MEETING

AGENDA

October 4, 2022, 6:00 P.M.

(Via Zoom Webinar Only; Due to Covid-19 Pandemic and AB 361)



David Mai, Chair
Hortencia Vasquez, Vice Chair
Ingrid Aguilar, Commissioner
Israel Alacio, Commissioner
Gerardo Diaz, Commissioner

*****SPECIAL NOTICE REGARDING COVID-19*****

On September 16, 2021, Governor Newsom signed AB 361, which modified the Brown Act to allow for teleconferencing participation at local legislative body public meetings during a proclaimed state of emergency. Pursuant to Government Code Section 54953(e) as amended by AB 361, City Council is authorized to hold public meetings via teleconferencing and to make public meetings accessible telephonically or otherwise electronically available to all members of the public seeking to observe and to address the local legislative body. Public participation will be allowed via the information below.

TO VIEW LIVE MEETING, USE ZOOM LINK BELOW

Join Zoom Meeting (View and/or Participate ONLY during PUBLIC COMMENT)

Link: <https://us02web.zoom.us/j/88638263751>

Webinar ID: 886 3826 3751
Or Call In: 1 669 900 6833, when prompted, enter 88638263751#

1. ROLL CALL

Commissioners: Aguilar, Alacio, Diaz, Vice Chair Vasquez, Chair Mai

2. PLEDGE OF ALLEGIANCE

Commissioner Israel Alacio

3. PRESENTATIONS - None

4. APPROVAL OF AGENDA

By motion of the Community Services Commission, this is the time to notify the public of any changes to the agenda, remove items from consent calendar for individual consideration and/or rearrange the order of the agenda.

5. PUBLIC COMMENT

Speakers may provide public comments on any matter within the subject matter jurisdiction of the Community Services Commission, including items on the agenda. Each speaker may speak up to five minutes. Unless a majority of the Community Services Commission objects, the Chair may provide speakers more or less time to speak. All comments or queries shall be addressed to the Commission as a body and not to any specific member thereof. Pursuant to Government Code Section 54954.2(a)(2), the Ralph M. Brown Act, no action or discussion by the Commission shall be undertaken on any item not appearing on the posted agenda, except to briefly provide information, ask for clarification, provide direction to staff, or schedule a matter for a future meeting.

6. CONSENT CALENDAR

Items on the consent calendar are considered to be routine and customary and are enacted by a single motion with the exception of items previously removed by a member of the Community Services Commission during "Approval of the Agenda" for individual consideration. Any items removed shall be individually considered immediately after taking action on the Consent Calendar.

6a. CONSIDERATION AND APPROVAL OF COMMUNITY SERVICES COMMISSION MEETING MINUTES FOR SEPTEMBER 6, 2022

Staff is requesting approval of Minutes for the September 6, 2022, Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends the Commission approve the Minutes for the Regular Commission Meeting of September 6, 2022.

7. GENERAL BUSINESS

7a. COMMUNITY SERVICES MONTHLY INFORMATIONAL ITEMS

Staff will provide an update of Recreation Programing.

RECOMMENDED ACTION: Staff recommends the Commission receive and file the report.

7b. ROTATION OF CHAIR AND VICE CHAIR

The Community Services Commission will approve appointment of Chair and Vice Chair as part of the two-month rotation among its members.

RECOMMENDED ACTION: Staff recommends the Commission approve the Chair and Vice Chair among its members for a two-month term.

8. COMMISSIONERS REPORTS, INCLUDING AB 1234 REPORTS

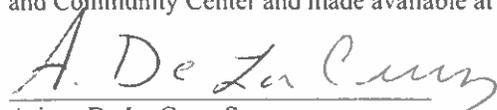
AB 1234 requires that commission members must briefly report, orally or in writing, on meetings/events attended at City expense (for example, luncheons, city special events, conferences, etc.) at the Community Services Commission meeting following the meeting/event.

9. COMMISSIONERS' AGENDA

10. ADJOURNMENT

Tuesday, November 1, 2022, 6:00 p.m.

I Ariana De La Cruz, hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted not less than 72 hours at the following locations: City of South El Monte City Hall, Senior Center and Community Center and made available at www.cityofsouthelmonte.org on this 29th day of September 2022.


Ariana De La Cruz, Secretary



Commission Agenda Report Agenda Item No. 6.a.

DATE: October 4, 2022

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: CONSIDERATION AND APPROVAL OF THE REGULAR
COMMUNITY SERVICES COMMISSION MEETING MINUTES
FOR SEPTEMBER 6, 2022

SUMMARY: Staff is requesting approval of Minutes for the September 6, 2022 Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Minutes of the Regular Community Services Commission Meeting of September 6, 2022.

FISCAL IMPACT: None.

DISCUSSION: None.

ATTACHMENT(S):

- A. September 6, 2022 Minutes



**CITY OF SOUTH EL MONTE
REGULAR COMMUNITY SERVICES COMMISSION MEETING - MINUTES
TUESDAY, SEPTEMBER 6, 2022 – 6:00 PM**

1. ROLL CALL

Chair Diaz called the meeting to order at 6:02 PM

PRESENT: (Via Zoom Webinar): Commissioner(s): Aguilar, Vasquez, Vice Chair Mai, and Chair Diaz

ABSENT: Commissioner(s): Alacio

STAFF PRESENT: (Via Zoom Webinar): Ariana De La Cruz, Recreation Supervisor and Noelia Saucedo, Senior Recreation Leader

2. PLEDGE OF ALLEGIANCE - Commissioner Ingrid Aguilar led the Pledge of Allegiance.

3. PRESENTATIONS None.

4. APPROVAL OF AGENDA

A motion was made by Vice Chair Mai, seconded by Commissioner Vasquez to approve the agenda. Motion carried, 4-0, by the following vote:

AYES: Commissioner(s): Aguilar, Vasquez, Vice Chair Mai, and Chair Diaz

NAYS: Commissioner(s): None

ABSENT: Commissioner(s): Alacio

5. PUBLIC COMMENT

Chair Diaz opened public comment

Seeing that there are no public comment at this time Chair Diaz closed public comment.

6. CONSENT CALENDAR

A motion was made by Vice Chair Mai, seconded by Chair Diaz to approve the Consent Calendar. Motion carried 4-0, by the following vote:

AYES: Commissioner(s): Aguilar, Vasquez, Vice Chair Mai, and Chair Diaz

NAYS: Commissioner(s): None

ABSENT: Commissioner(s): Alacio

6a. Approved Minutes for the Regular Community Services Commission Meeting held July 5, 2022.

7. GENERAL BUSINESS

7a. Community Services Monthly Informational Items

Mrs. De La Cruz provided an update for the Community Services Department.

A motion was made by Vice Chair Mai, seconded by Commissioner Aguilar to receive and file the report provided. Motion carried 4-0 by the following vote:

AYES: Commissioner(s): Aguilar, Vasquez, Vice Chair Mai, and Chair Diaz
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): Alacio

7b. Rotation of Chair and Vice Chair

Mrs. De La Cruz explained how the rotation of the Chair and Vice Chair will proceed.

A motion was made by Vice Chair Mai, seconded by Commissioner Aguilar to receive, and file the information provided. Motion carried 4-0 by the following vote:

AYES: Commissioner(s): Aguilar, Vasquez, Vice Chair Mai, and Chair Diaz
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): Alacio

8. COMMISSIONER REPORTS, INCLUDING AB 1234 REPORTS

Commissioner Aguilar, nothing to report.

Commissioner Vasquez, nothing to report.

Vice Chair Mai, nothing to report.

Chair Diaz, nothing to report.

9. COMMISSIONERS' AGENDA None.

10. ADJOURN COMMISSION MEETING

There being no further business coming before this body, at 6:23 p.m. Chair Diaz adjourned the meeting to a regular meeting on Tuesday, October 4, 2022, at 6:00 p.m.

Ariana De la Cruz, Secretary

Gerardo Diaz, Chair



Commission Agenda Report

Agenda Item No. 7.a.

DATE: October 4, 2022

TO: Community Services Commission

From: Ariana De La Cruz, Recreation Supervisor and Andrés González, Senior Services Supervisor

Subject: Monthly Report for September 2022

RECREATION

SUMMARY: The Recreation Division continues with the fall programming successfully and continues operating normal youth programs, sport leagues, and hosting traditional in person community special events. Staff continues to follow the most current health orders pertaining youth programming, day camps, and youth sports have not changed, which no longer require participants nor staff to wear a mask while indoors, however it is strongly recommended.

The Baby Lab

The Baby Lab offers classes Tuesdays and Thursdays from 9:00 a.m. – 12:00 p.m. where children ages 6 months to 48 months develop problem-solving skills through interactive games, play and music. The program is thriving, and staff is receiving positive feedback about the program.

Youth & Adult Sports

Adult Basketball League

The Adult Basketball League is running smoothly hosting evening games on Wednesdays. Staff is doing a great job running the league.

Monthly Themed Newsletter/Season Promotional Booklets

The Recreation Division continues to use the monthly newsletter to help keep the community engaged. The newsletter also serves as a medium to keep residents informed about upcoming City sponsored events, recreation programs, and sports leagues. In addition, staff create seasonal promotional booklets that highlight the upcoming program and events for the department.

Recreation Services Webpage & Instagram

The City's Recreation webpage continues to be updated regularly with all the programming available and upcoming community events. The Recreation Instagram showcases any contests and winners, sport clinics, program highlights and any special events hosted by the department.

Aquatics

Senior Aerobic Class

Council recently approved the extension of the Senior Aerobics Class through the month of October. The Senior Aerobic class continues to be offered on Mondays, Wednesdays, and Fridays from 9:30 a.m. to 10:15 a.m. Seniors begin their day with a fun and energizing class that strengthens and tones the body from head to toe using the natural resistance of the water and offers a safe way to improve muscle strength, flexibility, and balance without impacting joints or risk of injury.

Special Events

9/11 Memorial Ceremony

The 9/11 Memorial Ceremony was a huge success. Shively Dean L. Middle School, Epiphany School, and Monte Vista School participated as the audience. Firemen from Fire Station 90 including Chief were part of the program. Ceremony was held at the Community Center Gymnasium due to the extreme hot weather.

Fire Station 90 Appreciation Breakfast

The Fire Station 90 Appreciation Breakfast brought out the community on Saturday morning. Recreation staff along with City Council and the Fire Station 90 team cooked fresh pancakes for all attendees.

Upcoming Events:

- Neighborhood Watch
- March to End Domestic Violence
- Harvest Festival

Facility Reservations

Residents are now able to reserve any park or facility available for private use. Covid-19 restrictions no longer apply to events or reservations of less than 500 attendees.

SENIOR SERVICES

SUMMARY:

The South El Monte Senior Center offers a variety of programs and services to ensure seniors stay active physically and mentally. In an effort to promote programs to empower seniors to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being, the senior center offers:

- Nutrition Programs (Congregate and Homebound)
- Health, Fitness, and Wellness Programs
- Transportation Services
- Volunteer and Civic Engagement Opportunities
- Social and Recreational Activities
- Music and Arts Programs

Our programs provide older adults with an opportunity to socialize with friends, discuss current

events, share stories, and keep their minds and bodies active.

September Highlights

Excursion to the Olvera Street: The Senior Services Division organized an excursion for 26 seniors to visit Olvera Street. Seniors enjoyed walking down Olvera Street to view and purchase original souvenirs such as bags, blankets and terracotta items at the local boutiques. They also had the opportunity to dine at one of the many restaurants available along Olvera Street.

Evidence-Based Program - Tai Chi for Arthritis and Falls Prevention: In partnership with Partners in Care Foundation, the SEM Senior Services Division offered the Tai Chi for Arthritis and Falls Prevention in September. The goal of the programs is to 1) Improve movement, balance, strength, flexibility, immunity and relaxation; 2) Decrease pain and falls; 3) socialization and sustainability. The program was offered twice a week on Tuesdays and Thursdays during September.

September Birthdays: All September birthdays were celebrated on Friday, September 30th. Senior Center Staff helped to lead the seniors in singing Happy Birthday. Everyone who participated received a free slice of birthday cake that was provided by Huntington Culinary.

Senior Nutrition Services: The City provides lunch meals to seniors over the age of 60 and disabled individuals through the Congregate Meals Program and Home-Delivered Meals Program. During the month of September over 2,164 meals were provided to seniors.

Transportation Services: City staff provided transportation services to eligible residents who do not drive. Our services ensure that seniors continue to live independently in their community. Transportation services were provided to medical appointments, grocery shopping, personal trips and to the South El Monte Senior Center. Trips are also provided to students who participate in the city-sponsored after-school program. See attached September report.

Program Highlights:

- Classes/Workshops Attendance 114
- Fitness Classes Attendance 630
- Health Education Attendance 1
- Recreation/Entertainment Attendance 268
- Social Activities Attendance 503
- Club Activities Attendance 159

Staff meetings: Staff attended the following meetings for information gathering, training, and networking:

- Nutritional Q&A Meeting was held with CNS Dietician Joya Melissa on September 13th
- Senior Services Supervisor & Coordinator met with Southern California Edison (SCE) to discuss SCE’s electrification assistance program for transportation

providers on September 21st.

Senior Clubs and Facility Reservation

- **Club Latino de Sur El Monte** – The club hosted their meetings on the second and fourth Thursday of the month. After the club meeting, they played bingo.
- **3L Club** – The club hosted their meetings on the first and third Thursday of the month. After the club meeting, they played bingo.

Transportation Monthly Report

September 2022						
Trip Purpose	Week 1	Week 2	Week 3	Week 4	Week 5	Total
Excursion	0	0	0	0	26	26
Medical	9	27	31	26	14	107
Nutrition	49	89	127	112	77	454
Personal	0	2	0	0	4	6
School	34	60	81	77	48	300
Senior Center	22	36	45	44	27	174
Shopping	2	1	3	2	0	8
Work	1	2	1	1	1	6
Total for period	117	217	288	262	197	1081

RECOMMENDED ACTION: Receive and File.

FISCAL IMPACT: None.

DISCUSSION: Staff is open to receiving feedback on programs and events.

ATTACHMENTS:

- A – Neighborhood Watch
- B – March to End Domestic Violence
- C – Harvest Festiva

ATTACHMENT A



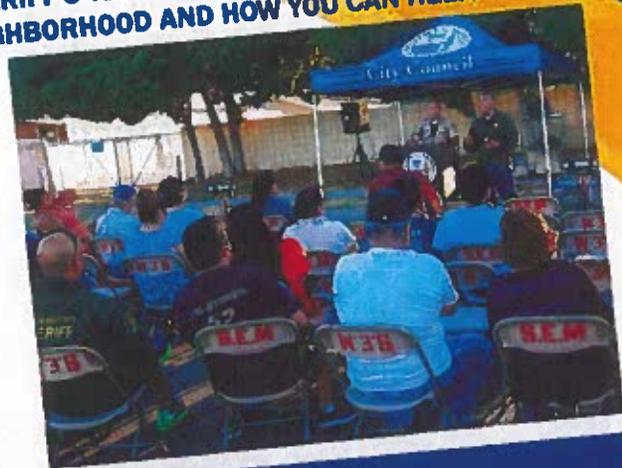
THE CITY OF SOUTH EL MONTE AND
THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT
INVITE YOU TO A



NEIGHBORHOOD WATCH MEETING

WEDNESDAY, OCTOBER 12 | 6:00 PM - 7:30 PM
CORNER OF REMER ST. AND PENN MAR AVE.

JOIN THE CITY OF SOUTH EL MONTE'S SHERIFF'S TEAM AND FIND OUT ABOUT
THE LATEST UPDATE ON CRIME IN OUR NEIGHBORHOOD AND HOW YOU CAN HELP.



FREE HOT DOGS WILL BE PROVIDED!

 [SEM_PARKSANDREC](#)

GREAT OPPORTUNITY TO MEET AND SHOW SUPPORT
FOR SOUTH EL MONTE'S SHERIFF TEAM!
COMMENTS, FEEDBACK, AND SUGGESTIONS ARE WELCOME.



Los Angeles County
Sheriff's Department

FOR MORE INFORMATION, CALL THE SOUTH EL MONTE CITY HALL AT 626-579-6540.

ATTACHMENT B

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT



LOVE
SHOULDN'T
HURT

WALK TO END
DOMESTIC
VIOLENCE



THURSDAY, OCTOBER 20, 2022
SOUTH EL MONTE CITY HALL
1415 SANTA ANITA AVE.
SOUTH EL MONTE, CA 91733

Resource Fair & Registration

5:30 PM - 6:30 PM

Program

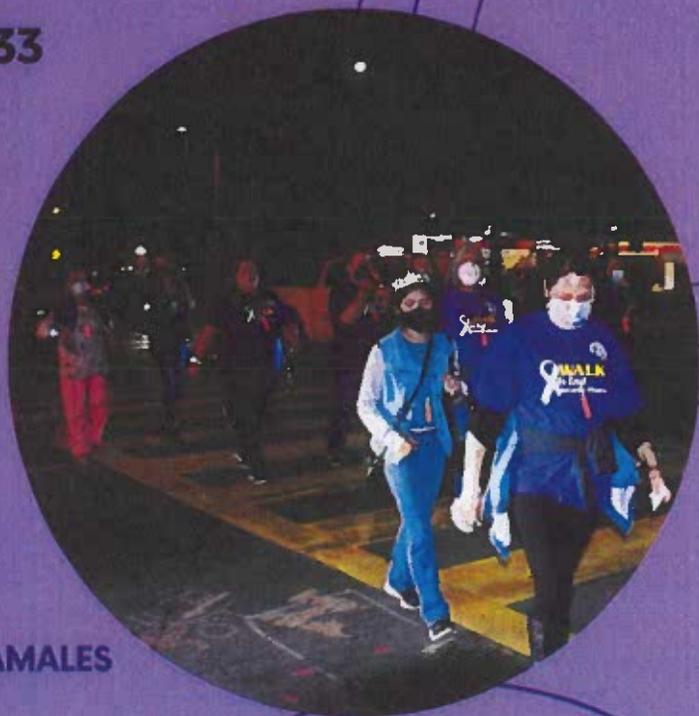
6:30 PM

Family Friendly Walk

6:45 PM

Luminaria Ceremony

7:30 PM



**INCLUDES EVENT T-SHIRT AND FREE TAMALES
(WHILE SUPPLIES LAST)**



 SEM_PARKSANDREC

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

ATTACHMENT C

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

HARVEST Festival

SATURDAY, OCTOBER 29, 2022 | 5 PM - 9 PM

City Hall Front Lawn
1415 Santa Anita Ave. South El Monte



Parks
Make
Life
Better!

FREE!!

Live Entertainment by
Valley Community Church

Snow Cones & Popcorn by
SEM Community Outreach

Games, Trick-Or-Treating,
Hot Dogs (While Supplies Last)

 SEM_PARKSANDREC

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.



Commission Agenda Report Agenda Item No. 7.b.

DATE: October 4, 2022

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: APPOINTMENT OF CHAIR AND VICE CHAIR

SUMMARY: The Community Services Commission will approve appointment of Chair and Vice Chair as part of the two-month rotation among its members.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Chair and Vice Chair among its members for a two-month term.

FISCAL IMPACT: None.

DISCUSSION: For the month of November, David Mai will serve his second month as Chair and Hortencia Vasquez will serve her second month as Vice Chair.

ATTACHMENT(S): None.

CITY OF SOUTH EL MONTE

REGULAR COMMUNITY SERVICES COMMISSION MEETING

AGENDA

October 4, 2022, 6:00 P.M.

(Via Zoom Webinar Only; Due to Covid-19 Pandemic and AB 361)



David Mai, Chair
Hortencia Vasquez, Vice Chair
Ingrid Aguilar, Commissioner
Israel Alacio, Commissioner
Gerardo Diaz, Commissioner

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1. ROLL CALL

Commissioners: Aguilar, Alacio, Diaz, Vice Chair Vasquez, Chair Mai

2. PLEDGE OF ALLEGIANCE

Commissioner Israel Alacio

3. PRESENTATIONS - None

4. APPROVAL OF AGENDA

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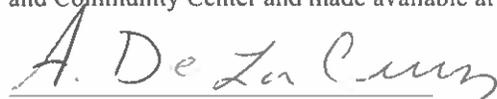
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Ariana De La Cruz, Secretary