

CITY OF SOUTH EL MONTE

REGULAR COMMUNITY SERVICES COMMISSION MEETING

AGENDA

November 1, 2022, 6:00 P.M.

(Via Zoom Webinar Only; Due to Covid-19 Pandemic and AB 361)



David Mai, Chair
Hortencia Vasquez, Vice Chair
Ingrid Aguilar, Commissioner
Israel Alacio, Commissioner
Gerardo Diaz, Commissioner

*****SPECIAL NOTICE REGARDING COVID-19*****

On September 16, 2021, Governor Newsom signed AB 361, which modified the Brown Act to allow for teleconferencing participation at local legislative body public meetings during a proclaimed state of emergency. Pursuant to Government Code Section 54953(e) as amended by AB 361, City Council is authorized to hold public meetings via teleconferencing and to make public meetings accessible telephonically or otherwise electronically available to all members of the public seeking to observe and to address the local legislative body. Public participation will be allowed via the information below.

TO VIEW LIVE MEETING, USE ZOOM LINK BELOW

Join Zoom Meeting (View and/or Participate ONLY during PUBLIC COMMENT)

Link: <https://us02web.zoom.us/j/89150481169>

Webinar ID: 891 5048 1169

Or Call In: 1 669 900 6833, when prompted, enter 89150481169#

1. ROLL CALL

Commissioners: Aguilar, Alacio, Diaz, Vice Chair Vasquez, Chair Mai

2. PLEDGE OF ALLEGIANCE

Commissioner Israel Alacio

3. PRESENTATIONS – None.

4. APPROVAL OF AGENDA

By motion of the Community Services Commission, this is the time to notify the public of any changes to the agenda, remove items from consent calendar for individual consideration and/or rearrange the order of the agenda.

5. PUBLIC COMMENT

Speakers may provide public comments on any matter within the subject matter jurisdiction of the Community Services Commission, including items on the agenda. Each speaker may speak up to five minutes. Unless a majority of the Community Services Commission objects, the Chair may provide speakers more or less time to speak. All comments or queries shall be addressed to the Commission as a body and not to any specific member thereof. Pursuant to Government Code Section 54954.2(a)(2), the Ralph M. Brown Act, no action or discussion by the Commission shall be undertaken on any item not appearing on the posted agenda, except to briefly provide information, ask for clarification, provide direction to staff, or schedule a matter for a future meeting.

6. CONSENT CALENDAR

Items on the consent calendar are considered to be routine and customary and are enacted by a single motion with the exception of items previously removed by a member of the Community Services Commission during “Approval of the Agenda” for individual consideration. Any items removed shall be individually considered immediately after taking action on the Consent Calendar.

6a. CONSIDERATION AND APPROVAL OF COMMUNITY SERVICES COMMISSION MEETING MINUTES FOR OCTOBER 4, 2022

Staff is requesting approval of Minutes for the October 4, 2022, Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends the Commission approve the Minutes for the Regular Commission Meeting of October 4, 2022.

7. GENERAL BUSINESS

7a. COMMUNITY SERVICES MONTHLY INFORMATIONAL ITEMS

Staff will provide an update of Recreation Programing.

RECOMMENDED ACTION: Staff recommends the Commission receive and file the report.

7b. ROTATION OF CHAIR AND VICE CHAIR

The Community Services Commission will approve appointment of Chair and Vice Chair as part of the two-month rotation among its members.

RECOMMENDED ACTION: Staff recommends the Commission approve the Chair and Vice Chair among its members for a two-month term.

8. COMMISSIONERS REPORTS, INCLUDING AB 1234 REPORTS

AB 1234 requires that commission members must briefly report, orally or in writing, on meetings/events attended at City expense (for example, luncheons, city special events, conferences, etc.) at the Community Services Commission meeting following the meeting/event.

9. COMMISSIONERS' AGENDA

10. ADJOURNMENT

Tuesday, December 6, 2022, 6:00 p.m.

I Ariana De La Cruz, hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted not less than 72 hours at the following locations: City of South El Monte City Hall, Senior Center and Community Center and made available at www.cityofsouthelmonte.org on this 27th day of October 2022.


Ariana De La Cruz, Secretary



Commission Agenda Report Agenda Item No. 6.a.

DATE: November 1, 2022

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: CONSIDERATION AND APPROVAL OF THE REGULAR
COMMUNITY SERVICES COMMISSION MEETING MINUTES
FOR OCTOBER 4, 2022

SUMMARY: Staff is requesting approval of Minutes for the October 4, 2022 Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Minutes of the Regular Community Services Commission Meeting of October 4, 2022.

FISCAL IMPACT: None.

DISCUSSION: None.

ATTACHMENT(S):

A. October 4, 2022 Minutes



**CITY OF SOUTH EL MONTE
REGULAR COMMUNITY SERVICES COMMISSION MEETING - MINUTES
TUESDAY, OCTOBER 4, 2022 – 6:00 PM**

1. ROLL CALL

Chair David Mai called the meeting to order at 6:05 PM

PRESENT: (Via Zoom Webinar): Commissioner(s): Aguilar, Diaz, and Chair Mai

STAFF PRESENT: (Via Zoom Webinar): Ariana De La Cruz, Recreation Supervisor and Noelia Saucedo, Senior Recreation Leader

ABSENT: (Via Zoom Webinar): Commissioner(s): Alacio and Vasquez

2. PLEDGE OF ALLEGIANCE – Commissioner Diaz led the Pledge of Allegiance.

3. PRESENTATIONS None.

4. APPROVAL OF AGENDA

A motion was made by Commissioner Diaz seconded by Commissioner Aguilar to approve the agenda. Motion carried, 3-0, by the following vote:

AYES: Commissioner(s): Aguilar, Diaz, Chair Mai, and Vice-Chair Vasquez

NAYS: Commissioner(s): None

ABSENT: Commissioner(s): Alacio and Vasquez

5. PUBLIC COMMENT

Chair Mai opened public comments.

Councilmember Angel congratulated staff for the wonderful work they have doing. He also thanked the Community Services Commissioners for their commitment.

There being no further comments, Chair Mai closed public comment.

Vice-Chair Vasquez joined the meeting via zoom at 6:11 PM.

6. CONSENT CALENDAR

A motion was made by Commissioner Diaz seconded by Commissioner Aguilar to approve the Consent Calendar as amended. Motion carried 4-0, by the following vote:

AYES: Commissioner(s): Aguilar, Diaz, Chair Mai, and Vice-Chair Vasquez

NAYS: Commissioner(s): None

ABSENT: Commissioner(s): Alacio

6.a. Approved Minutes for the Regular Community Services Meeting held September 6, 2022.

7. GENERAL BUSINESS

7a. Community Services Monthly Informational Items

Mrs. De La Cruz provided an update for the Community Services Department.

A motion was made by Commissioner Diaz, seconded by Commissioner Aguilar to receive and file the report provided. Motion was carried 4-0 by the following votes:

AYES: Commissioner(s): Aguilar, Diaz, Chair Mai, and Vice-Chair Vasquez
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): Alacio

7b. Rotation of Chair and Vice-Chair

Mrs. De La Cruz explained how the rotation of the Chair and Vice-Chair would proceed.

A motion was made by Commissioner Diaz, seconded by Commissioner Aguilar to receive and file the report provided. Motion was carried 4-0 by the following votes:

AYES: Commissioner(s): Aguilar, Diaz, Chair Mai, and Vice-Chair Vasquez
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): Alacio

8. COMMISSIONER REPORTS, INCLUDING AB 1234 REPORTS

Commissioner Aguilar, nothing to report.

Commissioner Diaz, nothing to report.

Vice-Chair Vasquez, nothing to report.

Chair Mai, nothing to report.

9. COMMISSIONERS' AGENDA None.

10. ADJOURN COMMISSION MEETING

There being no further business coming before this body, at 6:32 p.m. Chair Mai adjourned the meeting to a regular meeting on Tuesday, November 1, 2022, at 6:00 PM.

Ariana De la Cruz, Secretary

David Mai, Chair



Commission Agenda Report

Agenda Item No. 7.a.

DATE: November 1, 2022

TO: Community Services Commission

From: Ariana De La Cruz, Recreation Supervisor and Andrés González, Senior Services Supervisor

Subject: Monthly Report for October 2022

RECREATION

SUMMARY: The Recreation Division continues with the fall programming successfully and continues operating normal youth programs, sport leagues, and hosting traditional in person community special events. Staff continues to follow the most current health orders pertaining youth programming, day camps, and youth sports have not changed, which no longer require participants nor staff to wear a mask while indoors, however it is strongly recommended. Staff is busy planning all the holiday events for the community to enjoy.

The Baby Lab

The Baby Lab offers classes Tuesdays and Thursdays from 9:00 a.m. – 12:00 p.m. where children ages 6 months to 48 months develop problem-solving skills through interactive games, play and music. The program is thriving, and staff is receiving positive feedback about the program.

Youth & Adult Sports

Adult Basketball League

The Adult Basketball League championship games took place on Wednesday, October 26th at the South El Monte Community Center. The exciting championship games concluded the league for 2022.

Monthly Themed Newsletter/Season Promotional Booklets

The Recreation Division continues to use the monthly newsletter to help keep the community engaged. The newsletter also serves as a medium to keep residents informed about upcoming City sponsored events, recreation programs, and sports leagues. In addition, staff create seasonal promotional booklets that highlight the upcoming program and events for the department.

Recreation Services Webpage & Instagram

The City's Recreation webpage continues to be updated regularly with all the programming available and upcoming community events. The Recreation Instagram showcases any contests and winners, sport clinics, program highlights and any special events hosted by the department.

Aquatics

Senior Aerobic Class

The Senior Aerobic Class concluded at the end of October. The class was very successful amongst all the seniors in the community. As weather permits the class will resume in early 2023.

Special Events

Neighborhood Watch

The Neighborhood Watch was hosted on Wednesday, October 12, 2022 at Penn Mar and Remer to discuss the local crime issues in that neighborhood. In addition to the Sheriff's presentation the attendees enjoyed free hot dogs, chips, and a drink.

Walk to End Domestic Violence

The Walk to End Domestic Violence event was a huge success. Approximately 150 attendees joined the city team in the walk in a predetermined route and a luminaria ceremony. Attendees enjoyed warmed tamales, pan dulce, and champurrado as well as the opportunity to visit over 15 resource agencies who offered important information for victims of domestic violence. Spirit Families was a key partner in the overall success of the event.

Upcoming Events:

- Tree Lighting Ceremony
- Santa's Sleigh Community Visit
- Christmas Wish Toy Giveaway
- Winter Camp

Facility Reservations

Residents are now able to reserve any park or facility available for private use. Covid-19 restrictions no longer apply to events or reservations of less than 500 attendees.

SENIOR SERVICES

SUMMARY:

The South El Monte Senior Center offers a variety of programs and services to ensure seniors stay active physically and mentally. In an effort to promote programs to empower seniors to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being, the senior center offers:

- Nutrition Programs (Congregate and Homebound)
- Health, Fitness, and Wellness Programs
- Transportation Services
- Volunteer and Civic Engagement Opportunities
- Social and Recreational Activities
- Music and Arts Programs

Our programs provide older adults with an opportunity to socialize with friends, discuss current

events, share stories, and keep their minds and bodies active.

October Highlights

Excursion to the Aquarium of the Pacific: The Senior Services Division organized an excursion for 16 seniors to visit the Aquarium of the Pacific for Senior Day at the Aquarium. Seniors enjoyed the aquariums showcase of various regions of the Pacific Ocean and a collection of over 11,000 animals representing over 500 different species. Seniors also had the opportunity to visit special health display areas and participate in special presentations.

Halloween Luncheon: On Monday, October 31st the Senior Services Division hosted its annual Halloween Luncheon at the Senior Center. Staff and seniors dressed in their favorite Halloween costumes. Activities consisted of a pumpkin carving contest, Halloween costume contest, 50/50 raffles, door prizes and musical entertainment. Seniors and staff also handed out candy to trick or treaters from local schools. A special thank you to Alignment Health Plan for sponsoring the musical entertainment.

Evidence-Based Program – Arthritis Exercise: In partnership with Partners in Care Foundation, the SEM Senior Services Division offered the Arthritis Exercise program. The program is composed of multiple exercise activities, including joint check/warm-up, range of motion/stretching, strengthening, cardiovascular endurance, and joint check/cool down. The objective of the program is to improve: Functional ability, Self-confidence, Self-care, Mobility, Muscle strength, and Coordination while reducing Fatigue, Pain and Stiffness.

October Birthdays: All October birthdays were celebrated on Friday, October 28th. Senior Center Staff helped to lead the seniors in singing Happy Birthday. Everyone who participated received a free slice of birthday cake that was provided by Huntington Culinary.

Senior Nutrition Services: The City provides lunch meals to seniors over the age of 60 and disabled individuals through the Congregate Meals Program and Home-Delivered Meals Program. During the month of October over 2,350 meals were provided to seniors.

Transportation Services: City staff provided transportation services to eligible residents who do not drive. Our services ensure that seniors continue to live independently in their community. Transportation services were provided to medical appointments, grocery shopping, personal trips and to the South El Monte Senior Center. Trips are also provided to students who participate in the city-sponsored after-school program. See attached October report.

Program Highlights:

- Classes/Workshops Attendance 87
- Fitness Classes Attendance 599
- Health Education Attendance 7
- Health Screenings Attendance 5
- Recreation/Entertainment Attendance 356

- Social Activities Attendance 446
- Club Activities Attendance 139

Staff meetings: Staff attended the following meetings for information gathering, training, and networking:

- Nutritional Q&A Meeting was held with CNS Dietician Joya Melissa on October 18th
- Senior Services Supervisor & Coordinator met with Sunset Motors Southern to view their available electric vehicles that are available for transportation services.

Senior Clubs and Facility Reservation

- **Club Latino de Sur El Monte** – The club hosted their meetings on the second and fourth Thursday of the month. After the club meeting, they played bingo.
- **3L Club** – The club hosted their meetings on the first and third Thursday of the month. After the club meeting, they played bingo.

Transportation Monthly Report

October 2022						
Trip Purpose	Week 1	Week 2	Week 3	Week 4	Week 5	Total
Excursion	14	0	0	0	0	14
Medical	22	29	41	15	0	107
Nutrition	75	59	74	44	0	252
Personal	3	1	0	1	0	5
School	66	62	68	28	0	224
Senior Center	50	34	44	22	0	150
Shopping	2	8	0	0	0	10
Work	2	0	0	0	0	2
Total for period	234	193	227	110	0	764

RECOMMENDED ACTION: Receive and File.

FISCAL IMPACT: None.

DISCUSSION: Staff is open to receiving feedback on programs and events.

ATTACHMENTS:

- A – Tree Lighting Ceremony
- B – Santa’s Sleigh Community Visit
- C – Christmas Wish Toy Giveaway
- D – Winter Camp

ATTACHMENT A

City of South El Monte Community Services Department

TREE LIGHTING CEREMONY

Thursday, December 1, 2022
6:00 p.m.

South El Monte City Hall Front Lawn
1415 Santa Anita Ave.

Featured Festivities

- Live Performances
- Children's Crafts
- Christmas Boutique
- Free Tamales & Champurrado
- Santa Photo Booth



**Parks
Make
Life
Better!**



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For more information, please call 626-579-2043.

ATTACHMENT B

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT



SANTA'S SLEIGH IS ON ITS WAY TO SOUTH EL MONTE

Join us in welcoming Santa Claus to South El Monte. Routes and times will be announced in our December newsletter, social media platforms and website.

DECEMBER 19 - 21

 SEM_PARKSANDREC

ATTACHMENT C

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

WE'RE MAKING OUR LIST AND CHECKING IT TWICE!

THIS HOLIDAY SEASON, THE CITY OF SOUTH EL MONTE WILL HELP BRING A SMILE TO HUNDREDS OF CHILDREN.



REGISTRATION INFORMATION

Registration begins on Monday, November 7, 2022.
Register at the South El Monte Community Center, 1530 Central Ave.
from Monday - Friday from 1:00 PM - 8:30 PM

REQUIREMENTS

- Photo ID
- Proof of South El Monte Residency (utility bill, ID, etc.)
- Proof of low-income status
- Birth certificates for dependents ages 0-13

 SEM_PARKSANDREC

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

ATTACHMENT D

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

WINTER CAMP

December 19 - December 30
(No Camp on December 26)
7:30 a.m. - 6:00 p.m.
Kinder - 8th Grade



Registration Information

Residents: Beginning November 14th

Fee: \$40 (sibling discount available)

Non-Residents: Beginning November 28th

Fee: \$100

Register at the South El Monte Community Center
1530 Central Ave. South El Monte
Monday - Friday from 1:00 p.m. - 8:30 p.m.

 SEM_PARKSANDREC

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

**Parks
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Commission Agenda Report Agenda Item No. 7.b.

DATE: November 1, 2022

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: APPOINTMENT OF CHAIR AND VICE CHAIR

SUMMARY: The Community Services Commission will approve appointment of Chair and Vice Chair as part of the two-month rotation among its members.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Chair and Vice Chair among its members for a two-month term.

FISCAL IMPACT: None.

DISCUSSION: For the month of December, Hortencia Vasquez will serve as her first month as Chair and Ingrid Aguilar will serve her first month as Vice Chair.

ATTACHMENT(S): None.