

CITY OF SOUTH EL MONTE

REGULAR COMMUNITY SERVICES COMMISSION MEETING

AGENDA

December 6, 2022, 6:00 P.M.

(Via Zoom Webinar Only; Due to Covid-19 Pandemic and AB 361)



Hortencia Vasquez, Chair
Ingrid Aguilar, Vice Chair
Israel Alacio, Commissioner
Gerardo Diaz, Commissioner
David Mai, Commissioner

*****SPECIAL NOTICE REGARDING COVID-19*****

On September 16, 2021, Governor Newsom signed AB 361, which modified the Brown Act to allow for teleconferencing participation at local legislative body public meetings during a proclaimed state of emergency. Pursuant to Government Code Section 54953(e) as amended by AB 361, City Council is authorized to hold public meetings via teleconferencing and to make public meetings accessible telephonically or otherwise electronically available to all members of the public seeking to observe and to address the local legislative body. Public participation will be allowed via the information below.

TO VIEW LIVE MEETING, USE ZOOM LINK BELOW

Join Zoom Meeting (View and/or Participate ONLY during PUBLIC COMMENT)

Link: <https://us02web.zoom.us/j/86287657765>

Webinar ID: 862 8765 7765

Or Call In: 1 669 900 6833, when prompted, enter 86287657765#

1. ROLL CALL

Commissioners: Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair Vasquez,

2. PLEDGE OF ALLEGIANCE

Commissioner Israel Alacio

3. PRESENTATIONS – None.

4. APPROVAL OF AGENDA

By motion of the Community Services Commission, this is the time to notify the public of any changes to the agenda, remove items from consent calendar for individual consideration and/or rearrange the order of the agenda.

5. PUBLIC COMMENT

Speakers may provide public comments on any matter within the subject matter jurisdiction of the Community Services Commission, including items on the agenda. Each speaker may speak up to five minutes. Unless a majority of the Community Services Commission objects, the Chair may provide speakers more or less time to speak. All comments or queries shall be addressed to the Commission as a body and not to any specific member thereof. Pursuant to Government Code Section 54954.2(a)(2), the Ralph M. Brown Act, no action or discussion by the Commission shall be undertaken on any item not appearing on the posted agenda, except to briefly provide information, ask for clarification, provide direction to staff, or schedule a matter for a future meeting.

6. CONSENT CALENDAR

Items on the consent calendar are considered to be routine and customary and are enacted by a single motion with the exception of items previously removed by a member of the Community Services Commission during “Approval of the Agenda” for individual consideration. Any items removed shall be individually considered immediately after taking action on the Consent Calendar.

6a. CONSIDERATION AND APPROVAL OF COMMUNITY SERVICES COMMISSION MEETING MINUTES FOR NOVEMBER 1, 2022

Staff is requesting approval of Minutes for the November 1, 2022, Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends the Commission approve the Minutes for the Regular Commission Meeting of November 1, 2022.

7. GENERAL BUSINESS

7a. COMMUNITY SERVICES MONTHLY INFORMATIONAL ITEMS

Staff will provide an update of Recreation Programing.

RECOMMENDED ACTION: Staff recommends the Commission receive and file the report.

8. COMMISSIONERS REPORTS, INCLUDING AB 1234 REPORTS

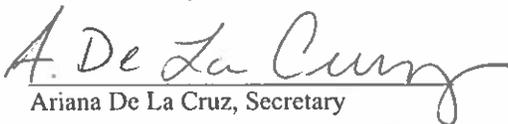
AB 1234 requires that commission members must briefly report, orally or in writing, on meetings/events attended at City expense (for example, luncheons, city special events, conferences, etc.) at the Community Services Commission meeting following the meeting/event.

9. COMMISSIONERS' AGENDA

10. ADJOURNMENT

Tuesday, January 3, 2023, 6:00 p.m.

I Ariana De La Cruz, hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted not less than 72 hours at the following locations: City of South El Monte City Hall, Senior Center and Community Center and made available at www.cityofsouthelmonte.org on this 1st day of December 2022.


Ariana De La Cruz, Secretary



Commission Agenda Report Agenda Item No. 6.a.

DATE: December 6, 2022

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: CONSIDERATION AND APPROVAL OF THE REGULAR
COMMUNITY SERVICES COMMISSION MEETING MINUTES
FOR NOVEMBER 1, 2022

SUMMARY: Staff is requesting approval of Minutes for the November 1, 2022 Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Minutes of the Regular Community Services Commission Meeting of November 1, 2022.

FISCAL IMPACT: None.

DISCUSSION: None.

ATTACHMENT(S):

A. November 1, 2022 Minutes



**CITY OF SOUTH EL MONTE
REGULAR COMMUNITY SERVICES COMMISSION MEETING - MINUTES
TUESDAY, NOVEMBER 1, 2022 – 6:00 PM**

1. ROLL CALL

Chair David Mai called the meeting to order at 6:04 PM

PRESENT: (Via Zoom Webinar): Commissioner(s): Aguilar, Alacio, Diaz, Vice Chair Vasquez, and Chair Mai

STAFF PRESENT: (Via Zoom Webinar): Ariana De La Cruz, Recreation Supervisor and Noelia Saucedo, Senior Recreation Leader

2. PLEDGE OF ALLEGIANCE – Commissioner Alacio led the Pledge of Allegiance.

3. PRESENTATIONS None.

4. APPROVAL OF AGENDA

A motion was made by Commissioner Diaz seconded by Commissioner Alacio to approve the agenda. Motion carried, 5-0, by the following vote:

AYES: Commissioner(s): Aguilar, Alacio, Diaz, Vice Chair Vasquez, and Chair Mai
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): None

5. PUBLIC COMMENT

Chair Mai opened public comment.

Seeing that there is no one wishing to speak Chair Mai closed public comment.

6. CONSENT CALENDAR

A motion was made by Commissioner Diaz seconded by Commissioner Alacio to approve the Consent Calendar as amended. Motion carried 5-0, by the following vote:

AYES: Commissioner(s): Aguilar, Alacio, Diaz, Vice Chair Vasquez, and Chair
Mai
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): None

6.a. Approved Minutes for the Regular Community Services Meeting held October 4, 2022.

7. GENERAL BUSINESS

7a. Community Services Monthly Informational Items

Mrs. De La Cruz provided an update for the Community Services Department.

A motion was made by Commissioner Alacio, seconded by commissioner Aguilar to receive and file the report provided. Motion was carried 5-0 by the following votes:

AYES: Commissioner(s): Aguilar, Alacio Diaz, Vice Chair Vasquez, and Chair
Mai
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): None

7b. Rotation of Chair and Vice chair

Mrs. De La Cruz explained how the rotation of the Vice Chair and Chair will proceed.

A motion was made by Commissioner Diaz, seconded by commissioner Aguilar to receive and file the report provided. Motion was carried 5-0 by the following votes:

AYES: Commissioner(s): Aguilar, Alacio, Diaz, Vice Chair Vasquez, and Chair
Mai
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): None

8. COMMISSIONER REPORTS, INCLUDING AB 1234 REPORTS

Commissioner Aguilar reported her attendance at the Harvest Festival. She stated that it was great event.

Vice Chair Vasquez reported her attendance at the Harvest Festival. She stated that it was a great event.

Commissioner Alacio reported his attendance at the Harvest Festival. He stated that he was pleased to see more food vendors for the residents to enjoy.

Commissioner Diaz nothing to report.

Chair Mai reported his attendance at the Walk to End Domestic Violence and the Harvest Festival. He mentioned that both events were successful.

9. COMMISSIONERS' AGENDA None.

10. ADJOURN COMMISSION MEETING

There being no further business coming before this body, at 6:45 p.m. Chair Mai adjourned the meeting to a regular meeting on Tuesday, December 6, 2022, at 6:00 p.m.

Ariana De la Cruz, Secretary

David Mai, Chair



Commission Agenda Report

Agenda Item No. 7.a.

DATE: December 6, 2022

TO: Community Services Commission

From: Ariana De La Cruz, Recreation Supervisor and Andrés González, Senior Services Supervisor

Subject: Monthly Report for November 2022

RECREATION

SUMMARY: The Recreation Division consists of nine program areas, including Aquatics, After School Programs, The Baby Lab, Seasonal Camps, Youth Sport Programs, Adult Sport Programs, Facility Reservations, Youth Boxing Program, Community Events. Other programs managed by the Recreation Division include Administration and partnerships with local non-profit organizations. Recreation staff are also tasked with operating recreation centers, park and facility rentals.

The Baby Lab

The Baby Lab offers classes Mondays and Wednesdays from 9:00 a.m. – 12:00 p.m. where children ages 6 months to 48 months develop problem-solving skills through interactive games, play and music. The program is thriving, and staff is receiving positive feedback about the program.

Youth & Adult Sports

Monthly Themed Newsletter/Season Promotional Booklets

The Recreation Division continues to use the monthly newsletter to help keep the community engaged. The newsletter also serves as a medium to keep residents informed about upcoming City sponsored events, recreation programs, and sports leagues. In addition, staff create seasonal promotional booklets that highlight the upcoming program and events for the department.

Recreation Services Webpage & Instagram

The City's Recreation webpage continues to be updated regularly with all the programming available and upcoming community events. The Recreation Instagram showcases any contests and winners, sport clinics, program highlights and any special events hosted by the department.

Special Events

Veterans Day Ceremony

The Veterans Day Ceremony was intended to honor and thank all who served in the United States Armed Forces. The program was a one-hour presentation including the posting of colors, the recognition of colors, and the live performance by the Shively Honor School Band. The event offered a meal to all the attendees as well as root beer floats provided by South El Monte Community Outreach.

5K Turkey Dash & 1K Trot

305 registered participants joined the City in a family friendly run and walk on a beautiful Saturday morning.

Upcoming Events:

- Christmas Wish Toy Giveaway
- Santa's Sleigh Community Visit
- Winter Camp

Park Facility Reservations

- AYSO
- Jets
- Brewers

SENIOR SERVICES

The South El Monte Senior Center offers a variety of programs and services to ensure seniors stay active physically and mentally. In an effort to promote programs to empower seniors to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being, the senior center offers:

- Nutrition Programs (Congregate and Homebound)
- Health, Fitness, and Wellness Programs
- Transportation Services
- Volunteer and Civic Engagement Opportunities
- Social and Recreational Activities
- Music and Arts Programs

Our programs provide older adults with an opportunity to socialize with friends, discuss current events, share stories, and keep their minds and bodies active.

November Highlights

Veteran's Luncheon: The Senior Services Division honored senior's military service by hosting a Veteran Day's Luncheon on Wednesday, November 9th. All veteran's received a free meal with proof of service. Seniors also participated and enjoyed 50/50 raffles.

Thanksgiving Luncheon: On Monday, November 21st the Senior Services Division hosted its annual Thanksgiving Day Luncheon. Seniors enjoyed a traditional thanksgiving lunch of roast turkey with gravy, snowflake potatoes, peas with mushrooms and a pumpkin pie for dessert. Festivities included door prizes and 50/50 raffles. A special thank you to Wellcare Health Plan for the donation of doors prizes. And a special thank you to the South El Monte High School's Future Business of America Club for serving the meals to our seniors.

Evidence-Based Program – Arthritis Exercise: Partners in Care Foundation continued to offer the Arthritis Exercise program during the month of November. The program is composed of multiple exercise activities, including joint check/warm-up, range of motion/stretching, strengthening, cardiovascular endurance, and joint check/cool down. The objective of the program is to improve: Functional ability, Self-confidence, Self-care, Mobility, Muscle strength, and Coordination while reducing Fatigue, Pain and Stiffness.

November Birthdays: All November birthdays were celebrated on Wednesday, November 30th. Senior Center Staff helped to lead the seniors in singing Happy Birthday. Everyone who participated received a free slice of birthday cake that was provided by Huntington Culinary.

Senior Nutrition Services: The City provides lunch meals to seniors over the age of 60 and disabled individuals through the Congregate Meals Program and Home-Delivered Meals Program. During the month of November over 2,172 meals were provided to seniors.

Transportation Services: City staff provided transportation services to eligible residents who do not drive. Our services ensure that seniors continue to live independently in their community. Transportation services were provided to medical appointments, grocery shopping, personal trips and to the South El Monte Senior Center. Trips are also provided to students who participate in the city-sponsored after-school program. See attached September report.

Program Highlights:

- Classes/Workshops Attendance 100
- Fitness Classes Attendance 608
- Health Education Attendance 5
- Recreation/Entertainment Attendance 365
- Social Activities Attendance 504
- Club Activities Attendance 141

Staff meetings: Staff attended the following meetings for information gathering, training, and networking:

- Nutritional Q&A Meeting was held with CNS Dietician Joya Melissa on November 15th
- Senior Advisory meeting was held on Wednesday, November 23rd
- Senior Services' staff meeting was held on Tuesday, November 22nd

Senior Clubs and Facility Reservation

- **Club Latino de Sur El Monte** – The club hosted their meetings on the second and fourth Thursday of the month. After the club meeting, they played bingo.
- **3L Club** – The club hosted their meetings on the first and third Thursday of the month. After the club meeting, they played bingo.

Transportation Monthly Report

November 2022						
Trip Purpose	Week 1	Week 2	Week 3	Week 4	Week 5	Total
Excursion	0	0	0	0	53	53
Medical	33	19	29	24	13	118
Nutrition	94	101	134	109	54	492
Personal	2	4	0	0	0	6
School	47	55	73	2	30	207
Senior Center	37	31	49	32	16	165
Shopping	2	2	1	0	0	5
Work	0	1	1	0	0	2
Total for period	215	213	287	167	166	1048

RECOMMENDED ACTION: Receive and File.

FISCAL IMPACT: None.

DISCUSSION: Staff is open to receiving feedback on programs and events.

ATTACHMENTS:

- A – Santa’s Sleigh Community Visit
- B – Christmas Wish Toy Giveaway
- C – Winter Camp

ATTACHMENT A

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

WE'RE MAKING OUR LIST AND CHECKING IT TWICE!

THIS HOLIDAY SEASON, THE CITY OF SOUTH EL MONTE WILL HELP BRING A SMILE TO HUNDREDS OF CHILDREN.



CHRISTMAS WISH TOY GIVEAWAY

REGISTRATION INFORMATION

Registration begins on Monday, November 7, 2022.
Register at the South El Monte Community Center, 1530 Central Ave.
from Monday - Friday from 1:00 PM - 8:30 PM

REQUIREMENTS

- Photo ID
- Proof of South El Monte Residency (utility bill, ID, etc.)
- Proof of low-income status
- Birth certificates for dependents ages 0-13

 SEM_PARKSANDREC

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

ATTACHMENT B

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT



SANTA'S SLEIGH IS ON ITS WAY TO SOUTH EL MONTE

Join us in welcoming Santa Claus to South El Monte. Routes and times will be announced in our December newsletter, social media platforms and website.

DECEMBER 19 - 21

 [SEM_PARKSANDREC](#)

ATTACHMENT C

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

WINTER CAMP

December 19 - December 30
(No Camp on December 26)
7:30 a.m. - 6:00 p.m.
Kinder - 8th Grade



Registration Information

Residents: Beginning November 14th

Fee: \$40 (sibling discount available)

Non-Residents: Beginning November 28th

Fee: \$100

Register at the South El Monte Community Center

1530 Central Ave. South El Monte

Monday - Friday from 1:00 p.m. - 8:30 p.m.

 [SEM_PARKSANDREC](https://www.instagram.com/SEM_PARKSANDREC)

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

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