

CITY OF SOUTH EL MONTE
REGULAR COMMUNITY SERVICES COMMISSION MEETING

AGENDA

February 7, 2023, 6:00 P.M.

(Via Zoom Webinar Only; Due to Covid-19 Pandemic and AB 361)



Hortencia Vasquez, Chair
Ingrid Aguilar, Vice Chair
Israel Alacio, Commissioner
Gerardo Diaz, Commissioner
David Mai, Commissioner

*****SPECIAL NOTICE REGARDING COVID-19*****

On September 16, 2021, Governor Newsom signed AB 361, which modified the Brown Act to allow for teleconferencing participation at local legislative body public meetings during a proclaimed state of emergency. Pursuant to Government Code Section 54953(e) as amended by AB 361, City Council is authorized to hold public meetings via teleconferencing and to make public meetings accessible telephonically or otherwise electronically available to all members of the public seeking to observe and to address the local legislative body. Public participation will be allowed via the information below.

TO VIEW LIVE MEETING, USE ZOOM LINK BELOW

Join Zoom Meeting (View and/or Participate ONLY during PUBLIC COMMENT)

Link: <https://us02web.zoom.us/j/81286765973>

Webinar ID: 812 8676 5973

Or Call In: 1 669 900 6833, when prompted, enter 81286765973#

1. ROLL CALL

Commissioners: Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair Vasquez

2. PLEDGE OF ALLEGIANCE

Commissioner David Mai

3. PRESENTATIONS – None.

4. APPROVAL OF AGENDA

By motion of the Community Services Commission, this is the time to notify the public of any changes to the agenda, remove items from consent calendar for individual consideration and/or rearrange the order of the agenda.

5. PUBLIC COMMENT

Speakers may provide public comments on any matter within the subject matter jurisdiction of the Community Services Commission, including items on the agenda. Each speaker may speak up to five minutes. Unless a majority of the Community Services Commission objects, the Chair may provide speakers more or less time to speak. All comments or queries shall be addressed to the Commission as a body and not to any specific member thereof. Pursuant to Government Code Section 54954.2(a)(2), the Ralph M. Brown Act, no action or discussion by the Commission shall be undertaken on any item not appearing on the posted agenda, except to briefly provide information, ask for clarification, provide direction to staff, or schedule a matter for a future meeting.

6. CONSENT CALENDAR

Items on the consent calendar are considered to be routine and customary and are enacted by a single motion with the exception of items previously removed by a member of the Community Services Commission during “Approval of the Agenda” for individual consideration. Any items removed shall be individually considered immediately after taking action on the Consent Calendar.

6a. CONSIDERATION AND APPROVAL OF COMMUNITY SERVICES COMMISSION MEETING MINUTES FOR DECEMBER 6, 2022

Staff is requesting approval of Minutes for the December 6, 2022, Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends the Commission approve the Minutes for the Regular Commission Meeting of December 6, 2022.

7. GENERAL BUSINESS

7a. COMMUNITY SERVICES MONTHLY INFORMATIONAL ITEMS

Staff will provide an update of Recreation Programming.

RECOMMENDED ACTION: Staff recommends the Commission receive and file the report.

8. COMMISSIONERS REPORTS, INCLUDING AB 1234 REPORTS

AB 1234 requires that commission members must briefly report, orally or in writing, on meetings/events attended at City expense (for example, luncheons, city special events, conferences, etc.) at the Community Services Commission meeting following the meeting/event.

9. COMMISSIONERS' AGENDA

10. ADJOURNMENT

Tuesday, March 7, 2023, 6:00 p.m.

I Ariana De La Cruz, hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted not less than 72 hours at the following locations: City of South El Monte City Hall, Senior Center and Community Center and made available at www.cityofsouthelmonte.org on this 1st day of February 2023.


Ariana De La Cruz, Secretary



Commission Agenda Report Agenda Item No. 6.a.

DATE: February 7, 2023

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: CONSIDERATION AND APPROVAL OF THE REGULAR
COMMUNITY SERVICES COMMISSION MEETING MINUTES
FOR DECEMBER 6, 2022

SUMMARY: Staff is requesting approval of Minutes for the December 6, 2022 Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Minutes of the Regular Community Services Commission Meeting of December 6, 2022.

FISCAL IMPACT: None.

DISCUSSION: None.

ATTACHMENT(S):

A. December 6, 2022 Minutes



**CITY OF SOUTH EL MONTE
REGULAR COMMUNITY SERVICES COMMISSION MEETING - MINUTES
TUESDAY, DECEMBER 6, 2022 – 6:00 PM**

1. ROLL CALL

Chair Hortencia Vasquez called the meeting to order at 6:03 PM

PRESENT: (Via Zoom Webinar): Commissioner(s): Aguilar, Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair Vasquez

STAFF PRESENT: (Via Zoom Webinar): Ariana De La Cruz, Recreation Supervisor and Noelia Saucedo, Senior Recreation Leader

- 2. PLEDGE OF ALLEGIANCE** – Commissioner Israel Alacio led the Pledge of Allegiance.
- 3. PRESENTATIONS** None.
- 4. APPROVAL OF AGENDA**

A motion was made by Commissioner Mai seconded by Commissioner Alacio to approve the agenda. Motion carried, 5-0, by the following vote:

AYES: Commissioner(s): Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair Vasquez

NAYS: Commissioner(s): None

ABSENT: Commissioner(s): None

5. PUBLIC COMMENT

Chair Vasquez opened public comments.

Seeing that there is no one wishing to speak Chair Vasquez closed public comment.

6. CONSENT CALENDAR

A motion was made by Commissioner Mai seconded by Commissioner Alacio to approve the Consent Calendar as amended. Motion carried 5-0, by the following vote:

AYES: Commissioner(s): Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair Vasquez

NAYS: Commissioner(s): None

ABSENT: Commissioner(s): None

6.a. Approved Minutes for the Regular Community Services Meeting held November 1, 2022.

7. GENERAL BUSINESS

7a. Community Services Monthly Informational Items

Mrs. De La Cruz provided an update for the Community Services Department.

A motion was made by Commissioner Aguilar, seconded by commissioner Mai to receive and file the report provided. Motion was carried 5-0 by the following votes:

AYES: Commissioner(s): Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair Vasquez
NAYS: Commissioner(s): None
ABSENT: Commissioner(s): None

8. COMMISSIONER REPORTS, INCLUDING AB 1234 REPORTS

Commissioner Alacio reported his attendance at the Thanksgiving Boxing Show. He stated that it was a great event.

Commissioner Diaz reopened his attendance at the Thanksgiving Boxing Show. He stated that it was a great event.

Commissioner Mai reported his attendance at the 5K Turkey Trot. He stated that it was a successful event.

Vice Chair Aguilar nothing to report.

Chair Vasquez nothing to report.

9. COMMISSIONERS' AGENDA None.

10. ADJOURN COMMISSION MEETING

There being no further business coming before this body, at 6:28 p.m. Chair Vasquez adjourned the meeting to a regular meeting on Tuesday, February 7, 2023, at 6:00 p.m.

Ariana De La Cruz, Secretary

Hortencia Vasquez, Chair



Commission Agenda Report

Agenda Item No. 7.a.

DATE: February 7, 2023

TO: Community Services Commission

From: Ariana De La Cruz, Recreation Supervisor and Andrés González, Senior Services Supervisor

Subject: Monthly Report for January 2023

RECREATION

SUMMARY: The Recreation Division kicked off the new year with a successful Lunar New Year Luncheon in January. The division will consist of nine program areas, including Aquatics, After School Programs, The Baby Lab, Seasonal Camps, Youth Sport Programs, Adult Sport Programs, Facility Reservations, Youth Boxing Program, Community Events. Other programs managed by the Recreation Division include Administration and partnerships with local non-profit organizations. Recreation staff are also tasked with operating recreation centers, park and facility rentals.

The Baby Lab

The Baby Lab offers classes Mondays and Wednesdays from 9:00 a.m. – 12:00 p.m. where children ages 6 months to 48 months develop problem-solving skills through interactive games, play and music. The program is thriving, and staff is receiving positive feedback about the program.

Youth & Adult Sports

Co-Ed Youth Basketball League

The co-ed youth basketball league is halfway through the season, running very smoothly. Teams practice during the week and play games on Saturdays at the Community Center Gymnasium. Championship Games are scheduled for Saturday, February 25, 2023.

T-Ball

Registration for residents and non-residents is currently open. T-ball practices are scheduled to begin on March 13, 2023 and Opening Day is scheduled for March 25, 2023.

Monthly Themed Newsletter/Season Promotional Booklets

The Recreation Division continues to use the monthly newsletter to help keep the community engaged. The newsletter also serves as a medium to keep residents informed about upcoming City sponsored events, recreation programs, and sports leagues. In addition, staff create seasonal promotional booklets that highlight the upcoming program and events for the department.

Recreation Services Webpage & Instagram

The City's Recreation webpage continues to be updated regularly with all the programming available and upcoming community events. The Recreation Instagram showcases any contests and winners, sport clinics, program highlights and any special events hosted by the department.

Special Events

Lunar New Year Luncheon

Lunar New Year's Luncheon was held on Wednesday, January 18th at the Community Center Gym. The event was opened to seniors and the public. Attendees learned about the Lunar New Year traditions and enjoyed music and dance performances by New Temple School Mandarin Dual Immersion Program, Zhu Zhu dancers, a calligraphy demonstration, and the traditional lion dance which engaged the attendees by collecting red envelopes from them to bring good fortune and luck. Huntington Culinary prepared a special meal inspired by Lunar New Year tradition. Raffles included door prizes donated by local businesses. Mountain View School District board member, Cindy Wu was instrumental in securing event sponsors and entertainment.

Upcoming Events:

- Self Love – Women's Commission Event – Saturday, February 25, 2023
- March Bike Ride – Saturday, March 4, 2023
- Baby Pageant – Saturday, March 11, 2023
- T-Ball Opening Day – Saturday, March 25, 2023

Park Facility Reservations

- Little League
- Brewers
- Northridge College

SENIOR SERVICES

The South El Monte Senior Center offers a variety of programs and services to ensure seniors stay active physically and mentally. In an effort to promote programs to empower seniors to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being, the senior center offers:

- Nutrition Programs (Congregate and Homebound)
- Health, Fitness, and Wellness Programs
- Transportation Services
- Volunteer and Civic Engagement Opportunities
- Social and Recreational Activities
- Music and Arts Programs

Our programs provide older adults with an opportunity to socialize with friends, discuss current events, share stories, and keep their minds and bodies active.

January Highlights

New Evidence-Based Program Workshop – Bingocize: In partnership with Partners in Care

Foundation (PICF), the SEM Senior Services Division offered the Bingocize program, which strategically combines the game of bingo, exercise, and health education. Senior participated twice per week and participated in range of motion, balance, muscle strengthening, and endurance exercises.

Lunar New Year Luncheon: The South El Monte Senior Services Division collaborated with the Community Services to host its annual Lunar New Year's Luncheon on Wednesday, January 18th at the Community Center Gym. The event was opened to seniors and the public. Attendees learned about the Lunar New Year traditions and enjoyed music and dance performances by New Temple School, Zhu Zhu dancers, a calligraphy demonstration, and the traditional lion dancers collected red envelopes to bring good fortune and luck. Huntington Culinary prepared a special meal inspired by Lunar New Year tradition. Raffles included door prizes donated by local businesses and 50/50 raffles. A special thank you to Cindy Wu for securing event sponsors and entertainment.

Senior Market Day: Due to the cold weather and rain only 6 vendors participated in the monthly senior market day at the Senior Center. Vendors' set-up under the patio and sold craft items, food goodies, antiques, clothing and more! The community and senior's participation made the event a great success.

January Birthdays: All January birthdays were celebrated on Tuesday, January 31st. Senior Center Staff helped to lead the seniors in singing Happy Birthday. Everyone who participated received a free slice of birthday cake that was provided by Huntington Culinary.

Senior Nutrition Services: The City provides lunch meals to seniors over the age of 60 and disabled individuals through the Congregate Meals Program and Home-Delivered Meals Program. During the month of January over 3,200 meals were provided to seniors.

Transportation Services: City staff provided transportation services to eligible residents who do not drive. Our services ensure that seniors continue to live independently in their community. Transportation services were provided to medical appointments, grocery shopping, personal trips and to the South El Monte Senior Center. Trips are also provided to students who participate in the city-sponsored after-school program. See attached January report.

Program Highlights:

- Classes/Workshops Attendance 51
- Fitness Classes Attendance 490
- Recreation/Entertainment Attendance 404
- Social Activities Attendance 412
- Club Activities Attendance 126

Staff meetings: Staff attended the following meetings for information gathering, training, and networking:

- Nutritional Q&A Meeting was held with CNS Dietician Joya Melissa on January 10th
- Senior Advisory meeting was held on Wednesday, January 11th

Screenings/Informational Health Presentations for the month January

- Cholesterol Health Screening by Garfield Health Center on January 13th
- New Kaiser Benefits presentation by Kaiser Permanente on January 12th
- Optum Health Care Plan presentation by Optum Health Care on January 19th
- Hypertension, Hyperglycemia & Hypercholesterolemia presentation by Garfield Health Center on January 24th
- Depression and Anxiety presentation by LA County Dept of Mental Health on January 26th
- Aging and Vision Loss presentation by Independence at Home on January 31st

Senior Clubs and Facility Reservation

- **Club Latino de Sur El Monte** – The club hosted their meetings on the second and fourth Thursday of the month. After the club meeting, they played bingo.
- **3L Club** – The club hosted their meetings on the first and third Thursday of the month. After the club meeting, they played bingo.
- **Baile Folklorico Alegria de Sur El Monte** hosted their practices on Wednesdays at 9:30 a.m. in the Senior Center exercise room.

Transportation Monthly Report

January 2023						
Trip Purpose	Week 1	Week 2	Week 3	Week 4	Week 5	Total
Excursion	0	0	0	45	0	45
Medical	24	34	27	31	18	134
Nutrition	53	72	67	70	29	291
Personal	0	2	0	3	0	5
School	75	87	80	88	35	365
Senior Center	22	31	27	36	15	131
Shopping	2	6	2	0	0	10
Work	0	2	1	1	1	5
Total for period	176	234	204	274	98	986

RECOMMENDED ACTION: Receive and File.

FISCAL IMPACT: None.

DISCUSSION: Staff is open to receiving feedback on programs and events.

ATTACHMENTS:

- A – Self Love Event - Women’s Commission
- B – March Bike Ride
- C – Baby Pageant
- D – T-Ball

ATTACHMENT A



**THE CITY OF SOUTH EL MONTE
INVITES YOU TO A WOMENS
EMPOWERING
WORKSHOP AND LUNCHEON:**

*Self
Love*

**DISCUSSIONS ON:
MENTAL HEALTH | DOMESTIC VIOLENCE |
HEALTH & WELLNESS | RESOURCES**

**SATURDAY | FEBRUARY 25, 2023
CHECK IN 10:30 AM
EVENT START TIME 11:30 AM**

**SOUTH EL MONTE SENIOR CENTER
1556 CENTRAL AVENUE**

**RECOMMENDED FOR AGES 13 & OVER
RSVP/REGISTER WITH PAOLA LARA AT:
PLARA@SOELMONTE.ORG | 626-652-3121
REGISTER BY FEBRUARY 15TH, 2023**

Content Warning:

The following workshops may contain triggering and/or sensitive material/discussions on Mental Health & Domestic Abuse that may act as triggers. Please know there are resources to support you.

ATTACHMENT B

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

2023 COMMUNITY BIKE RIDES



**BIKE
RAFFLE
AT EVERY
RIDE**



SATURDAYS

MARCH 4TH - APRIL 1ST - MAY 6TH - JUNE 3RD - JULY 8TH - AUGUST 5TH

MEET AT 8:30 AM AND DEPART AT 9:00 AM
SOUTH EL MONTE COMMUNITY CENTER, 1530 CENTRAL AVE.

BRING YOUR BIKE AND HELMET AND JOIN THE CITY COUNCIL IN AN EIGHT-MILE BIKE RIDE AROUND THE CITY. BIKE RIDES ARE RECOMMENDED FOR AGES 10 AND OLDER.

*IN THE EVENT OF RAIN, THE BIKE RIDE WILL BE CANCELLED.

 [SEM_PARKSANDREC](https://www.instagram.com/SEM_PARKSANDREC)

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

ATTACHMENT C

City of South El Monte Community Services Department



Little Mr. and Miss South El Monte
BABY PAGEANT

SATURDAY
MARCH 11

SOUTH EL MONTE COMMUNITY CENTER
CHECK-IN TIME AT 10:00 AM
PAGEANT BEGINS AT 11:00 AM



AGE DIVISIONS

- Under 1 Year
- Under 2 Years
- Under 3 Years
- Under 4 Years

Registration Information

REGISTER FOR FREE AT THE
SOUTH EL MONTE COMMUNITY CENTER
1530 CENTRAL AVE. FROM 1:00 PM - 8:30 PM

RESIDENTS: BEGINNING FEBRUARY 14TH
NON-RESIDENTS: BEGINNING FEBRUARY 27TH

*MUST BRING PROOF OF CHILD'S AGE.

For more information, please call 626-579-2043.

ATTACHMENT D

T-BALL

Boys & Girls Ages 4-6

T-Ball is a non-competitive program focused on fun, fitness, and fundamentals where players ages 4-6 are first introduced to the basics of baseball.



**Parks
Make
Life
Better!**

REGISTRATION INFORMATION

RESIDENTS: NOW - FEBRUARY 10, 2023
FEE: \$40; SIBLING DISCOUNT AVAILABLE FOR RESIDENTS

NON-RESIDENTS: NOW - FEBRUARY 10, 2023
FEE: \$67

COACHES WANTED

REQUIREMENTS

- COMPLETION OF VOLUNTEER APPLICATION
- PASS BACKGROUND CHECK

REGISTRATION SPACE IS LIMITED AND WILL BE ON A FIRST-COME, FIRST SERVED BASIS.
*SUBJECT TO CHANGE OR CANCELLATION.

 [SEM_PARKSANDREC](#)

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.