

CITY OF SOUTH EL MONTE

REGULAR COMMUNITY SERVICES COMMISSION MEETING

AGENDA

March 7, 2023, 6:00 P.M.

(Via Zoom Webinar Only; Due to Covid-19 Pandemic and AB 361)



Hortencia Vasquez, Chair
Ingrid Aguilar, Vice Chair
Israel Alacio, Commissioner
Gerardo Diaz, Commissioner
David Mai, Commissioner

*****SPECIAL NOTICE REGARDING COVID-19*****

On September 16, 2021, Governor Newsom signed AB 361, which modified the Brown Act to allow for teleconferencing participation at local legislative body public meetings during a proclaimed state of emergency. Pursuant to Government Code Section 54953(e) as amended by AB 361, City Council is authorized to hold public meetings via teleconferencing and to make public meetings accessible telephonically or otherwise electronically available to all members of the public seeking to observe and to address the local legislative body. Public participation will be allowed via the information below.

TO VIEW LIVE MEETING, USE ZOOM LINK BELOW

Join Zoom Meeting (View and/or Participate ONLY during PUBLIC COMMENT)

Link: <https://us02web.zoom.us/j/87245081763>

Webinar ID: 872 4508 1763

Or Call In: 1 669 900 6833, when prompted, enter 87245081763#

1. ROLL CALL

Commissioners: Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair Vasquez

2. PLEDGE OF ALLEGIANCE Vice Chair Aguilar

3. PRESENTATIONS – None.

4. APPROVAL OF AGENDA

By motion of the Community Services Commission, this is the time to notify the public of any changes to the agenda, remove items from consent calendar for individual consideration and/or rearrange the order of the agenda.

5. PUBLIC COMMENT

Speakers may provide public comments on any matter within the subject matter jurisdiction of the Community Services Commission, including items on the agenda. Each speaker may speak up to five minutes. Unless a majority of the Community Services Commission objects, the Chair may provide speakers more or less time to speak. All comments or queries shall be addressed to the Commission as a body and not to any specific member thereof. Pursuant to Government Code Section 54954.2(a)(2), the Ralph M. Brown Act, no action or discussion by the Commission shall be undertaken on any item not appearing on the posted agenda, except to briefly provide information, ask for clarification, provide direction to staff, or schedule a matter for a future meeting.

6. CONSENT CALENDAR

Items on the consent calendar are considered to be routine and customary and are enacted by a single motion with the exception of items previously removed by a member of the Community Services Commission during “Approval of the Agenda” for individual consideration. Any items removed shall be individually considered immediately after taking action on the Consent Calendar.

6a. CONSIDERATION AND APPROVAL OF COMMUNITY SERVICES COMMISSION MEETING MINUTES FOR FEBRUARY 7, 2023

Staff is requesting approval of Minutes for the February 7, 2023 Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends the Commission approve the Minutes for the Regular Commission Meeting of February 7, 2023.

7. GENERAL BUSINESS

7a. COMMUNITY SERVICES MONTHLY INFORMATIONAL ITEMS

Staff will provide an update of Recreation Programing.

RECOMMENDED ACTION: Staff recommends the Commission receive and file the report.

7b. ROTATION OF CHAIR AND VICE CHAIR

The Community Services Commission will approve the appointment of Chair and Vice Chair as part of the two-month rotation among its members.

RECOMMENDED ACTION: Staff recommends the Commission approve the Chair and Vice Chair as part of the two-month rotation among its members

8. COMMISSIONERS REPORTS, INCLUDING AB 1234 REPORTS

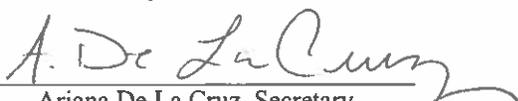
AB 1234 requires that commission members must briefly report, orally or in writing, on meetings/events attended at City expense (for example, luncheons, city special events, conferences, etc.) at the Community Services Commission meeting following the meeting/event.

9. COMMISSIONERS' AGENDA

10. ADJOURNMENT

Tuesday, April 4, 2023, 6:00 p.m.

I Ariana De La Cruz, hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted not less than 72 hours at the following locations: City of South El Monte City Hall, Senior Center and Community Center and made available at www.cityofsouthelmonte.org on this 2nd day of March 2023.


Ariana De La Cruz, Secretary



Commission Agenda Report Agenda Item No. 6.a.

DATE: March 7, 2023

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: CONSIDERATION AND APPROVAL OF THE REGULAR
COMMUNITY SERVICES COMMISSION MEETING MINUTES
FOR FEBRUARY 7, 2023

SUMMARY: Staff is requesting approval of Minutes for the February 7, 2023 Regular Community Services Commission Meeting.

RECOMMENDED ACTION: Staff recommends Community Services Commission approve the Minutes of the Regular Community Services Commission Meeting of February 7, 2023.

FISCAL IMPACT: None.

DISCUSSION: None.

ATTACHMENT(S):

A. February 7, 2023 Minutes



**CITY OF SOUTH EL MONTE
REGULAR COMMUNITY SERVICES COMMISSION MEETING - MINUTES
TUESDAY, FEBRUARY 7, 2023 – 6:00 PM**

1. ROLL CALL

Commissioner Israel Alacio called the meeting to order at 6:01 PM

PRESENT: (Via Zoom Webinar): Commissioner(s): Alacio, Diaz, and Mai

ABSENT: (Via Zoom Webinar): Commissioner(s): Vice Chair Aguilar and Chair Vasquez

STAFF PRESENT: (Via Zoom Webinar): Ariana De La Cruz, Recreation Supervisor and Noelia Saucedo, Senior Recreation Leader

2. PLEDGE OF ALLEGIANCE – Commissioner Diaz led the Pledge of Allegiance.

3. PRESENTATIONS None.

4. APPROVAL OF AGENDA

A motion was made by Commissioner Mai seconded by Commissioner Diaz to approve the agenda. Motion carried, 3-0, by the following vote:

AYES: Commissioner(s): Alacio, Diaz, and Mai
Vasquez

NAYS: Commissioner(s): None

ABSENT: Commissioner(s): Vice Chair Aguilar and Chair Vasquez

5. PUBLIC COMMENT

Commissioner Alacio opened public comments.

Seeing that there is no one wishing to speak Commissioner Alacio closed public comment.

Chair Vasquez joined the meeting at 6:06 p.m.

Vice Chair Aguilar joined the meeting at 6:07p.m.

6. CONSENT CALENDAR

A motion was made by Commissioner Alacio seconded by Commissioner Aguilar to approve the Consent Calendar as amended. Motion carried 5-0, by the following vote:

AYES: Commissioner(s): Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair

Vasquez

NAYS: Commissioner(s): None

6.a. Approved Minutes for the Regular Community Services Meeting held December 6, 2022.

7. GENERAL BUSINESS

7a. Community Services Monthly Informational Items

Mrs. De La Cruz provided an update for the Community Services Department.

A motion was made by Commissioner Aguilar, seconded by Commissioner Alacio to receive and file the report provided. Motion was carried 5-0 by the following vote:

AYES: Commissioner(s): Alacio, Diaz, Mai, Vice Chair Aguilar, and Chair Vasquez

NAYS: Commissioner(s): None

8. COMMISSIONER REPORTS, INCLUDING AB 1234 REPORTS

Commissioner Alacio, nothing to report.

Commissioner Diaz, nothing to report.

Commissioner Mai, nothing to report.

Vice Chair Aguilar, nothing to report.

Chair Vasquez, nothing to report.

9. COMMISSIONERS' AGENDA None.

10. ADJOURN COMMISSION MEETING

There being no further business coming before this body, at 6:24 p.m. Chair Vasquez adjourned the meeting to a regular meeting on Tuesday, March 7, 2023, at 6:00 p.m.

Ariana De La Cruz, Secretary

Hortencia Vasquez, Chair



Commission Agenda Report

Agenda Item No. 7.a.

DATE: March 7, 2023
TO: Community Services Commission
From: Ariana De La Cruz, Recreation Supervisor and Andrés González, Senior Services Supervisor
Subject: Monthly Report for March 2023

RECREATION

SUMMARY: The Recreation Division is gearing up for all the spring programming. The division continues to operate the nine program areas, including Aquatics, After School Programs, The Baby Lab, Seasonal Camps, Youth Sport Programs, Adult Sport Programs, Facility Reservations, Youth Boxing Program, Community Events. Other programs managed by the Recreation Division include Administration and partnerships with local non-profit organizations. Recreation staff are also tasked with operating recreation centers, park and facility rentals.

The Baby Lab

The Baby Lab offers classes Mondays and Wednesdays from 9:00 a.m. – 12:00 p.m. where children ages 6 months to 48 months develop problem-solving skills through interactive games, play and music. The program is thriving, and staff is receiving positive feedback about the program.

Youth & Adult Sports

Co-Ed Youth Basketball League

The co-ed youth basketball league ended with successful set of Championship Games on Saturday, February 25, 2023 and a End of the Season Banquet on Sunday, February 26, 2023.

T-Ball

Registration for t-ball is now closed. T-ball practices are scheduled to begin on March 13, 2023 and Opening Day is scheduled for March 25, 2023.

The department offered a t-ball clinic prior to the start of the t-ball league to provide an opportunity for players to get a grasp on the fundamentals skills by practicing with drills and hitting off the tee. Clinic dates: February 27th – March 9th.

Monthly Themed Newsletter/Season Promotional Booklets

The Recreation Division continues to use the monthly newsletter to help keep the community

engaged. The newsletter also serves as a medium to keep residents informed about upcoming City sponsored events, recreation programs, and sports leagues. In addition, staff create seasonal promotional booklets that highlight the upcoming program and events for the department.

Recreation Services Webpage & Instagram

The City's Recreation webpage continues to be updated regularly with all the programming available and upcoming community events. The Recreation Instagram showcases any contests and winners, sport clinics, program highlights and any special events hosted by the department.

Special Events

Self Love – Women's Commission Event

In efforts to promote the creation of the City's new Women's Commission, the planning committee hosted a "Self Love" Workshop and Luncheon on Saturday, February 25th. The event offered discussions on Mental Health, Domestic Violence, Health & Wellness and Resources.

Kickoff Bike Ride

The 2023 bike ride season had a successful kickoff on Saturday, March 4, 2023. The City invites the community to join us on a family-friendly eight-mile ride around the City.

Upcoming Events:

- Baby Pageant – Saturday, March 11, 2023
- Career & Resource Fair – Tuesday, March 21, 2023
- T-Ball Opening Day – Saturday, March 25, 2023
- April Bike Ride – Saturday, April 1, 2023
- Easter Breakfast – Saturday, April 8, 2023

Park Facility Reservations

- Little League
- Brewers
- Northridge College

SENIOR SERVICES

The South El Monte Senior Center offers a variety of programs and services to ensure seniors stay active physically and mentally. In an effort to promote programs to empower seniors to manage and delay the onset of chronic disease and experience measurable improvements in their physical, social, spiritual, emotional, mental, and economic well-being, the senior center offers:

- Nutrition Programs (Congregate and Homebound)
- Health, Fitness, and Wellness Programs
- Transportation Services
- Volunteer and Civic Engagement Opportunities
- Social and Recreational Activities
- Music and Arts Programs

Our programs provide older adults with an opportunity to socialize with friends, discuss current events, share stories, and keep their minds and bodies active.

February Highlights

New Classes: The Senior Services Division partnered with Rio Hondo Community College to offer free non-credit courses to seniors at the SEM Senior Center. The classes offered are ESL Beginning I, Principles of Mind & Body Health for Older Adults and Painting for Older Adults. Classes are offered Monday, Wednesday and Friday.

Valentine's Day Luncheon: The senior centers dining room was transformed and decorated by volunteers and staff with hearts, balloons and red tablecloths for the Valentine's Day Luncheon. For lunch, Huntington Culinary prepared chicken parmesan with pasta with a sweetheart cake for dessert. Seniors were also treated to a musical performance by Baltazar. Other festivities included door prizes and 50/50 raffles.

Senior Excursion: The Senior Services Division organized an excursion to Medieval Times Dinner & Tournament in Buena Park. Seniors traveled back to the Middle Ages with knights, horses, jousting, and swordplay while enjoying a "hands-on" four-course feast.

Senior Market Day: Over 15 vendors participated in the monthly senior market day at the Senior Center. Vendors' set-up under the patio and sold craft items, food goodies, antiques, clothing and more! The community and senior's participation made the event a great success.

February Birthdays: All February birthdays were celebrated on Tuesday, February 28th. Senior Center Staff helped to lead the seniors in singing Happy Birthday. Everyone who participated received a free slice of birthday cake that was provided by Huntington Culinary.

Senior Photo Day: The Senior Services Division annual photo day was held on Tuesday, February 16th. Each year the senior services staff takes a senior group picture outside of the senior center. The group photo is then hung in the senior center's main hallway for all visitors to see. The annual senior photo day has become an annual tradition that seniors look forward to.

Case Management Services: Human Services Association (HSA) partnered with the City's Senior Services Division to provide free on-site care management services every 3rd Tuesday of the month at the senior center. Eligible seniors can receive free ongoing care management, assessments, client advocacy and service coordination.

Senior Nutrition Services: The City provides lunch meals to seniors over the age of 60 and disabled individuals through the Congregate Meals Program and Home-Delivered Meals Program. During the month of February over 3,000 meals were provided to seniors.

Transportation Services: City staff provided transportation services to eligible residents who do not drive. Our services ensure that seniors continue to live independently in their community. Transportation services were provided to medical appointments, grocery shopping, personal trips and to the South El Monte Senior Center. Trips are also provided to students who participate in the city-sponsored after-school program. See attached February report.

Program Highlights:

- Classes/Workshops Attendance 53

- Fitness Classes Attendance 278
- Recreation/Entertainment Attendance 134
- Social Activities Attendance 134
- Club Activities Attendance 35

Staff meetings: Staff attended the following meetings for information gathering, training, and networking:

- The Senior Services Supervisor attended the Substance Abuse Management and Program Compliance training on Feb 7th – 9th and the Reasonable Suspicion & Post-Accident Testing Determination training on Feb 10th.
- Nutritional Q&A Meeting was held with CNS Dietician Joya Melissa on February 16th
- Senior Advisory meeting was held on Wednesday, February 15th

Screenings/Informational Health Presentations for the month February

- Blood Pressure Screening by Garfield Health Center on February 2nd
- Healthy Heart Presentation by Optum Health Care on February 7th
- Cholesterol Screening by Garfield Health Center on February 9th
- Heart Health Presentation by Independence at Home on February 21st
- Healthy Heart Presentation by ChapCare on February 28th

Senior Clubs and Facility Reservation

- **Club Latino de Sur El Monte** – The club hosted their meetings on the second and fourth Thursday of the month. After the club meeting, they played bingo.
- **3L Club** – The club hosted their meetings on the first and third Thursday of the month. After the club meeting, they played bingo.
- **Baile Folklorico Alegria de Sur El Monte** hosted their practices on Wednesdays at 9:30 a.m. in the Senior Center exercise room.

Transportation Monthly Report

February 2023						
Trip Purpose	Week 1	Week 2	Week 3	Week 4	Week 5	Total
Excursion	0	0	0	29	0	29
Medical	27	20	27	31	10	115
Nutrition	43	65	67	70	29	274
Personal	4	0	0	0	0	4
School	40	80	60	65	35	280
Senior Center	23	36	35	36	20	150
Shopping	2	4	2	3	0	11
Work	0	1	1	1	1	4
Total for period	139	206	192	235	95	867

RECOMMENDED ACTION: Receive and File.

FISCAL IMPACT: None.

DISCUSSION: Staff is open to receiving feedback on programs and events.

ATTACHMENTS:

A – Baby Pageant

B – Career & Resource Fair

C – April Bike Ride

D – Easter Breakfast

ATTACHMENT A

City of South El Monte Community Services Department



Little Mr. and Miss South El Monte

BABY PAGEANT

SATURDAY
MARCH

11

SOUTH EL MONTE COMMUNITY CENTER
CHECK-IN TIME AT 10:00 AM
PAGEANT BEGINS AT 11:00 AM



AGE DIVISIONS

- Under 1 Year
- Under 2 Years
- Under 3 Years
- Under 4 Years

Registration Information

REGISTER FOR FREE AT THE
SOUTH EL MONTE COMMUNITY CENTER
1530 CENTRAL AVE. FROM 1:00 PM - 8:30 PM

RESIDENTS: BEGINNING FEBRUARY 14TH
NON-RESIDENTS: BEGINNING FEBRUARY 27TH

*MUST BRING PROOF OF CHILD'S AGE.

For more information, please call 626-579-2043.

ATTACHMENT B

City of South El Monte Community Services Department



SPRING CAREER & RESOURCE FAIR

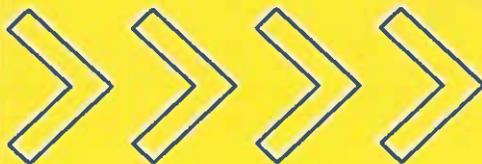
TUESDAY, MARCH 21, 2023
9:00 AM - 12:00 PM

South El Monte Community Center
1530 Central Ave. South El Monte, CA 91733

Meet with a variety of employers from around the region. Find full-time or part-time employment. Land your first job or a post-retirement job. Step into a career you will love or that will help you climb the corporate ladder. Resume critique service available on-site.



SCAN ME



Los Angeles County
Office of Education

GAIN DIVISION

SEM_PARKSANDREC

LACO_DPSS

L.A. COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICES

For more information, please call 626-579-2043.

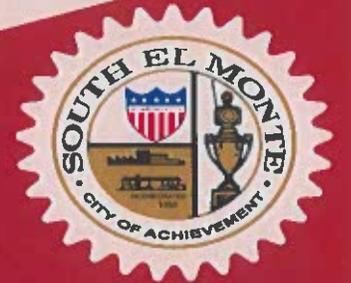
ATTACHMENT C

CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

2023 COMMUNITY BIKE RIDES



**BIKE
RAFFLE
AT EVERY
RIDE**



SATURDAYS

MARCH 4TH - APRIL 1ST - MAY 6TH - JUNE 3RD - JULY 8TH - AUGUST 5TH

MEET AT 8:30 AM AND DEPART AT 9:00 AM
SOUTH EL MONTE COMMUNITY CENTER, 1530 CENTRAL AVE.

BRING YOUR BIKE AND HELMET AND JOIN THE CITY COUNCIL IN AN EIGHT-MILE BIKE RIDE AROUND THE CITY. BIKE RIDES ARE RECOMMENDED FOR AGES 10 AND OLDER.

*IN THE EVENT OF RAIN, THE BIKE RIDE WILL BE CANCELLED.

 SEM_PARKSANDREC

FOR MORE INFORMATION, PLEASE CALL 626-579-2043.

ATTACHMENT D



CITY OF SOUTH EL MONTE COMMUNITY SERVICES DEPARTMENT

EASTER

Breakfast



8
APRIL

10 AM - 1 PM

**BREAKFAST
SERVED UNTIL
11:30 AM**

**South El Monte
City Hall Front Lawn**

**1415 Santa Anita Ave.
South El Monte, CA 91733**

FUN GAMES - PETTING ZOO - PETER COTTONTAIL



SEM_PARKSANDREC



FOR MORE INFORMATION, PLEASE CALL 626-579-2043.



Commission Agenda Report Agenda Item No. 7.b.

DATE: March 7, 2023

TO: Community Services Commissioners

FROM: Ariana De La Cruz, Recreation Supervisor

SUBJECT: ROTATION OF CHAIR AND VICE CHAIR

SUMMARY: The Community Services Commission will rotate the positions of Chair and Vice Chair as part of the two-month rotation among its members.

RECOMMENDED ACTION: Staff recommends the Commission approve the Chair and Vice Chair as part of the two-month term among its members.

FISCAL IMPACT: None.

DISCUSSION: A new term will begin for the Council selected commissioners in the month of March.

ATTACHMENT(S): None.